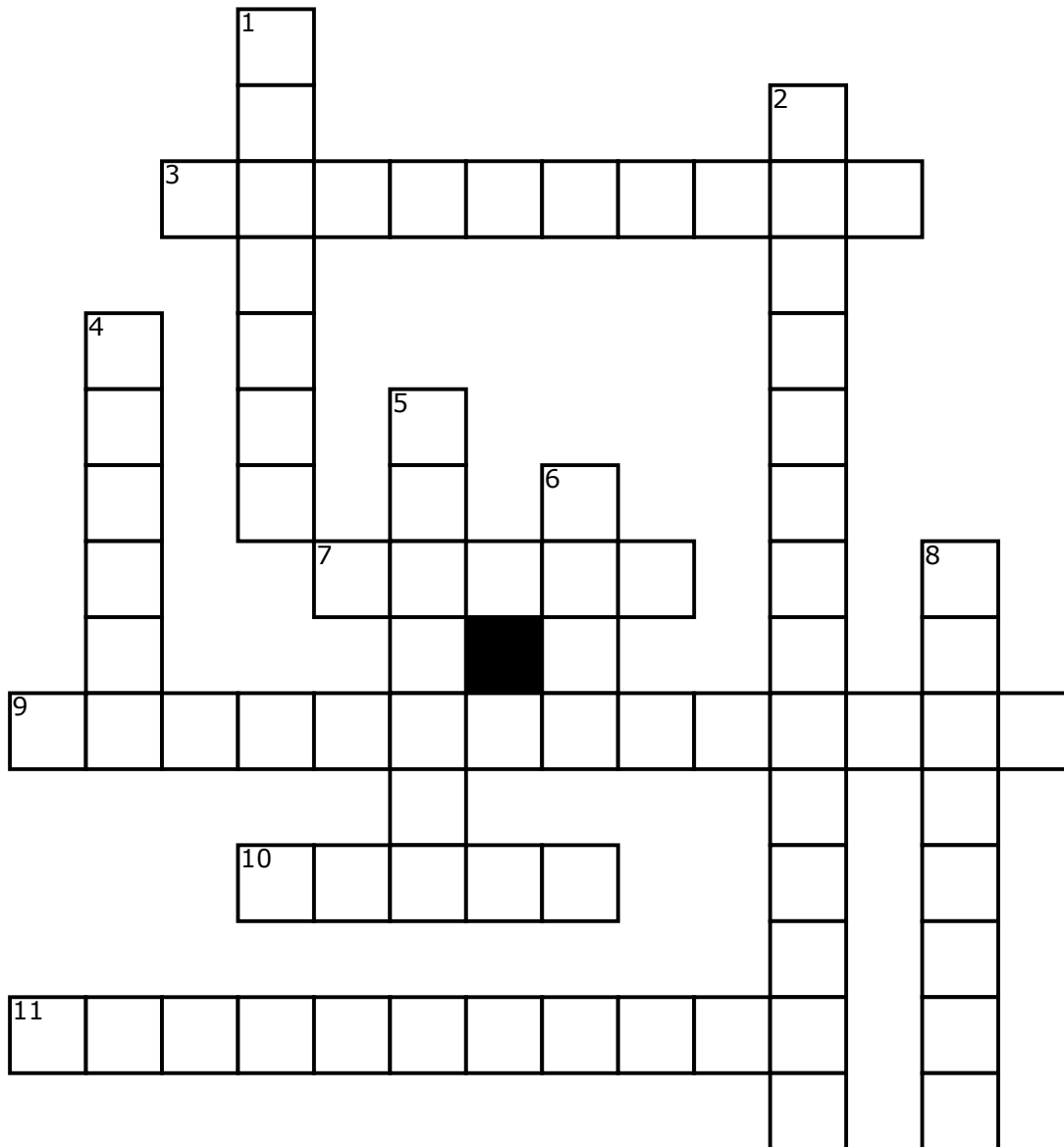


# Self Care Super Heros



## Across

- 3.** the habit of \_\_\_\_\_ is the basis for all real knowledge (10)
- 7.** Jokey stuff (5)
- 9.** Expression through originality (8, 6)
- 10.** Be dormant (5)
- 11.** A regimen of staple foods (7, 4)

## Down

- 1.** Healing treatment (7)
- 2.** Doing things with others (6, 8)
- 4.** earth's star and atmosphere (3, 3)
- 5.** Everyday procedure (7)
- 6.** "All you need is \_\_\_\_\_" (4)
- 8.** Hit the gym (8)