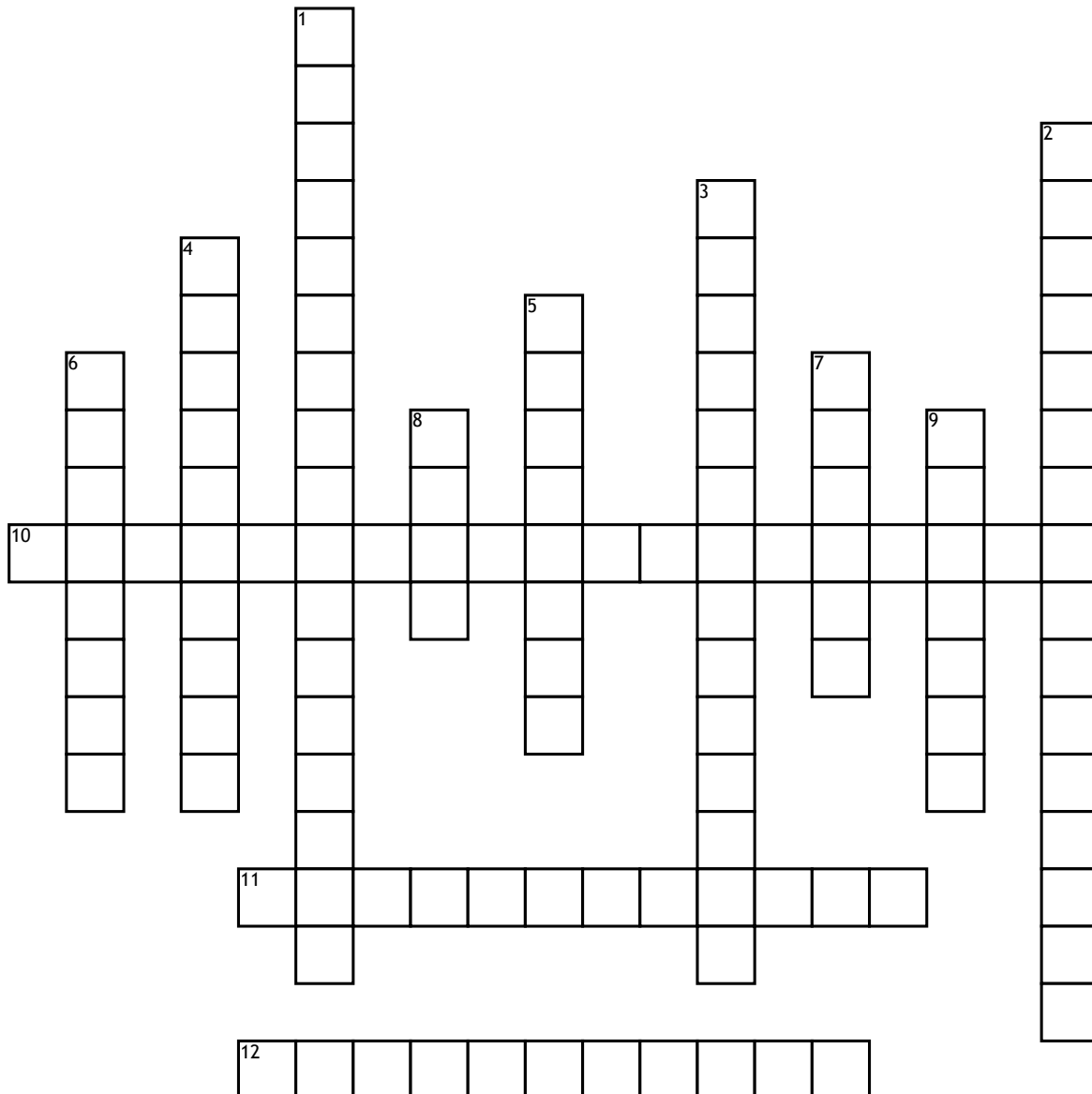


Self-Efficacy



Across

10. The ability that someone else's performance will affect your belief in your performance

11. Bandura describes this as, "the belief in one's capabilities to organize and execute the courses of action required to manage prospective situations."

12. _____ is to perceive a cause because of the outcome.

Down

1. This is part of helping someone understand their feelings toward a task

2. Praising someone based on their efforts instead of their ability is

3. The belief that an individual will be able to succeed, based on past experiences

4. Beliefs are a source of
5. Anxiety and fear will _____ a person's perceived capabilities

6. Self-efficacy pertains to one's _____ capabilities, not their actual abilities to perform a task.

7. An individual's representation of reality that has enough personal validity and credibility to guide behavior and thoughts

8. Self efficacy is affected by _____ main factors.

9. Created the Social Cognitive Theory, and believes that individuals possess a self system