

# Self-Discovery

T Q I H L W M T I Q E R S H B F X  
V B L X C P I H L T J H S W S U I  
Z D B P S M U K A K V I E V C N R  
T F H Q E K Z I R S R C N P C G X  
D R T J E L C G E M D O E K I J M  
Y D V G K E N L O T I I R K T D D  
Y D C G R P F E A M Z L A Y E G P  
R T J P F L T H Q I N Y W W G Q U  
H D P A O H K E N N O H A G O P P  
Y A Q V O A P H N D I T B E L E A  
N O E I T P O T V F T R G F O Q S  
G B J R S P R A M U C O Z B P K S  
Y Q L S H I J E M L E W Y G A G I  
N O A E W N O R O O L X Y Q N Q O  
E S V N V E C B H Q F Z L Q U U N  
B O Y D B S C R N P E W X L N L W  
C Y S H M S L E Z V R U S M U N V

unapologetic

awareness

mindful

worthy

reflection

happiness

breathe

time

appreciate

self-love

passion

joy