

Search for words towards a healthy future!

S J V E G E T A B L E S Q D V K W L J U Z L Z Y
M B J E Y R V U I Z E N F W Z U T C N X N F L F
P N P S E X P D Y Z Y Y K D W S B T A E E Z W K
P W O Y F U M E N T A L H E A L T H Q E E L W U
D Q B J V F Z D Z Z H H X Z G P L K F X M A Y S
F W V W B C V Z D F I A A S A Z H W B W I A L F
W B I V R W Q X V R M T T R A S K G T H R X Q K
V U M I D E Q B N K V C K F S Q A D N M F R K Z
I W E V C N W A Y Y R S Y L U Q H N R V W T L B
Q X J M D R E O L E L I N O V E D G T W K H Y W
I D C V J L D G H X A D P S E T P J H Q J U H D
C Z X F C G R M A S I Z N S A Z N P S L E E P G
P D Q G Q B I D V T S J F E M B V F U R G R X Q
E T X X T L H S O R S H S B I I C E J L K M Y G
T S P G K P T F Z B X F B M Q R M Z L D U Z B P
K B M W U R K E G I E D X B Z G F R E T A W S T
F T D N O L C X X J Y O Q Q E V I T C A N V Q N
U D N N D U Z B D K X V P B F R U I T D S C W O
T E G U Z G C F T Z Y H H O P A O J Q T R H D I
M E X E R C I S E O H J P A L J X Q N Z O E F E
W H A E A Y H P N R S R Y H S A T Y J N W G J X
B Z C A B S U G W G T Z N Z N T H L W R D E L J
X F J T C D S G A W U O X W A A A P H Z G P A J
D B N G I Q V B A V H W D P Y O M T D G R Q G F

mental health

exercise

strong

fruit

park

vegetables

active

clean

floss

milk

friendly

shower

water

sleep

gym