

Name: _____

Date: _____

Screen time

N W R J M T P V J V V M G T S E Y E Y R D T E O
E W R I M D F S B W I J H R N S Q K L B I Z F P
E F R S S C R E E N T I M E P V Y D K V V P C H
R F Y O B D I Y N K P L G T A S C R F T R J N O
C M J T I E Y E F A T I G U E P A X N U G S T N
S J H G N I M D W B I I E W V G A E I B S W A E
R I Y D E E K E O I Z O B Z C D S T H F I T K W
E V T Q W M W R H J D T G W V F S G D T X R Z B
T D O I T V I T I E V E E X D F I O C A A O T L
U K J S L D U Y Y J A I W B U Q K H P O Z F Q U
P F O L U Q O C X T B D L H U R I A A J P M Z R
M T E K N P H S M B N T A D I N R H G N X O A R
O E U X V C Y B P W L E R C G V I C O J Q C T E
C L D Q X J W H A L W Z W S H H J I W A W S M D
F B G J Q B S V I T Y T R T J E S W W M L I Y V
J A E G M G T K N N C J M X Y I S E D N R D P I
B T A G M L R P I P Y S K J V T M G S W O X U S
U D F J O A U T J A I N D E Z N N C D T O Z G I
I I Z H E R L A O B C S L V H Y R E A J W E A O
U A D W C E A L A C N E G Q F T U F W L S A V N
S T T L G V O D M H T Y A S B A H B H T D C K F
G Z C O M P U T E R V I S I O N S T R A I N F C
R A K A T D I G I T A L E Y E S T R A I N D X Q
I P N W R F X R C G S T N I T W O L L E Y V Q I

Computer vision strain
Computer screen
Eye fatigue
Discomfort
Red eyes
Phone

Twenty twenty twenty
Blurred vision
Screen time
Twitching
Dry eyes
Glare

Digital eye strain
Yellow tint
Television
Headaches
Tablet
Pain