

Safety month Crossword

Across

6. Sometimes it is important to get help with your mental health. Talking to a ___ can be a great way to work through your emotions. (12)

9. In case of a workplace fire, look to me for guidance regarding safe evacuation of the workplace. (6)

10. Wise Bird? (3)

11. ___ hazards include stress, fatigue, bullying, violence and aggression. (12)

14. Catch some rays. (3)

15. Atkins rarity. (4)

16. A blessing is the name given to a group of which magnificent creature? (7)

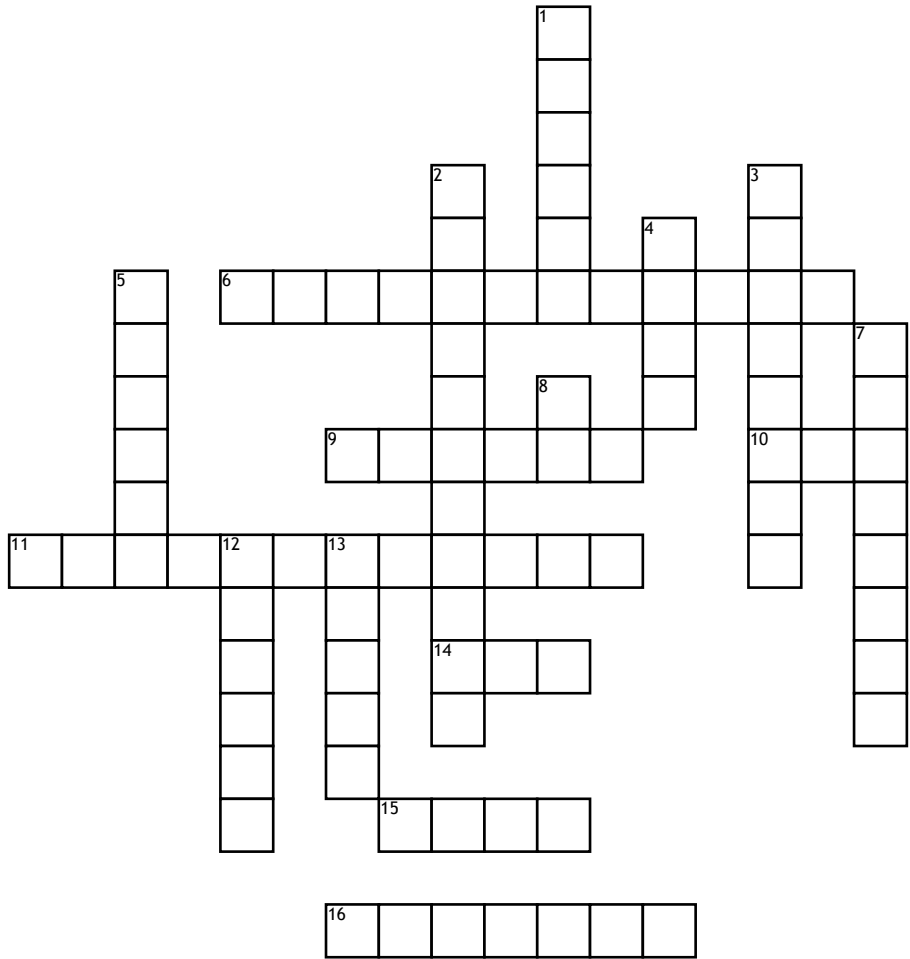
Down

1. Kicks off. (6)

2. To avoid a serious shock, this should not be mixed with water. (11)

3. Combined effort by a group. (8)

4. "___ is being able to see that there is light despite all of the darkness": Desmond Tutu (4)



5. ___ pin. (6)

7. It is important to practice ___ (4) ___ (4) as much as you can. Things like exercise, meditation, and healthy eating all are ways to take care of yourself. (8)

8. You and I. (2)

12. Something dangerous that can hurt you. (6)

13. At least eight hours of ___ can drastically improve your mental health. (5)

