

Name: _____

Date: _____

Safety Tips for Extreme Cold Weather

Z A E Y K O S G D G N I H T O L C R E Y A L X D
A G T X I U G N I P P I L S T X J E X R J N E V
V W P S M O T P M Y S Y R U J N I D L O C D B H
O P B B V E Z K E B A V I E Y Z D I R E I G G R
I P P F E K N H K B F Z N N G X S Y F L O W N O
D N R K K W K Z L O Z K B U J S Z Z H S U E I G
I L O W B O D Y T E M P E R A T U R E H T N Z F
C P R E H T A E W D L O C L N A E L Y I E I E E
E T P M H K A I S E P T O O U Y K B I V R D E T
F B U V V K N Y K M P L I F L I U H Y E L R R I
T B S C N D G W L P T T A V S N Z D E R A E F B
W N W I C O B G I A R T L N U V O Y Q I Y S H T
H E D H V F F W S E B O I I A E S I Y N E S Y S
V M I A U R K M X D B T V K U H L H H G R W P O
J L Y A E O P E Y F O O Y B Y I E R F Z X A O R
L S J J J G D E M X M K J M S C Z A J G L R T F
J W P Y E I Q M M Z L X C H F L N B D J Q M H G
X Q D N O I L I W J L P B Y V E G E B A Z L E N
D F H V Q D S T A Y D R Y R N E H X G Q K Y R X
Y M A P E J Q K B D X U J M V P U R T R C T M N
C U P G A U Q S S R B O A S J O U P R E E R I Z
Z E Z Q E R U S O P X E D E G N O L O R P M A W
G I L V K S L E V A R T Y L S U O I T U A C E O
O T D O Q S Y Q Z U F O D E D N A R T S I E P B

Cold Injury Symptoms
Cautiously Travel
Layer Clothing
Cold Weather
Plan Ahead
Shivering
Slipping

Low Body Temperature
Stay in Vehicle
Emergency Kit
Outer Layer
Wind Chill
Frostbite
Stay Dry

Prolonged Exposure
Avoid Exertion
Dress Warmly
Hypothermia
Avoid Ice
Stranded
Freezing