

Name: _____

Date: _____

Safe Sleep

B Y N K N D O N T O V E R H E A T
A B A C K T O S L E E P V N O W K
D Y M A C S J N F U P I O L R Z C
M Z V H W P X G G W A J U W W M E
G N I K O M S O N R Z J Q A E Y T
G F R S R D K U P L S T J M R O H
F A A V K W G X X A S O L K A H R
N O T H I N G S O F T B H B C Q X
W W S W R K B U D M Q U P I L Z N
S S S E R T T A M M R I F M A J Q
R J S G U R D O N P Z A X M T F J
R E I F I C A P E S U A R U A U C
D I C Q E B K F Q Y I H M N N W V
B R E A S T F E E D I N G I E P J
W P G J P L N O C O R D S Z R P B
X N H S Y M M I K E D A Y E P P O
L K T Y E P N O A L C O H O L G X

Dont overheat

Prenatal Care

Breastfeeding

Firm mattress

Back to sleep

Use pacifier

Nothing soft

No smoking

No alcohol

No cords

Immunize

No drugs