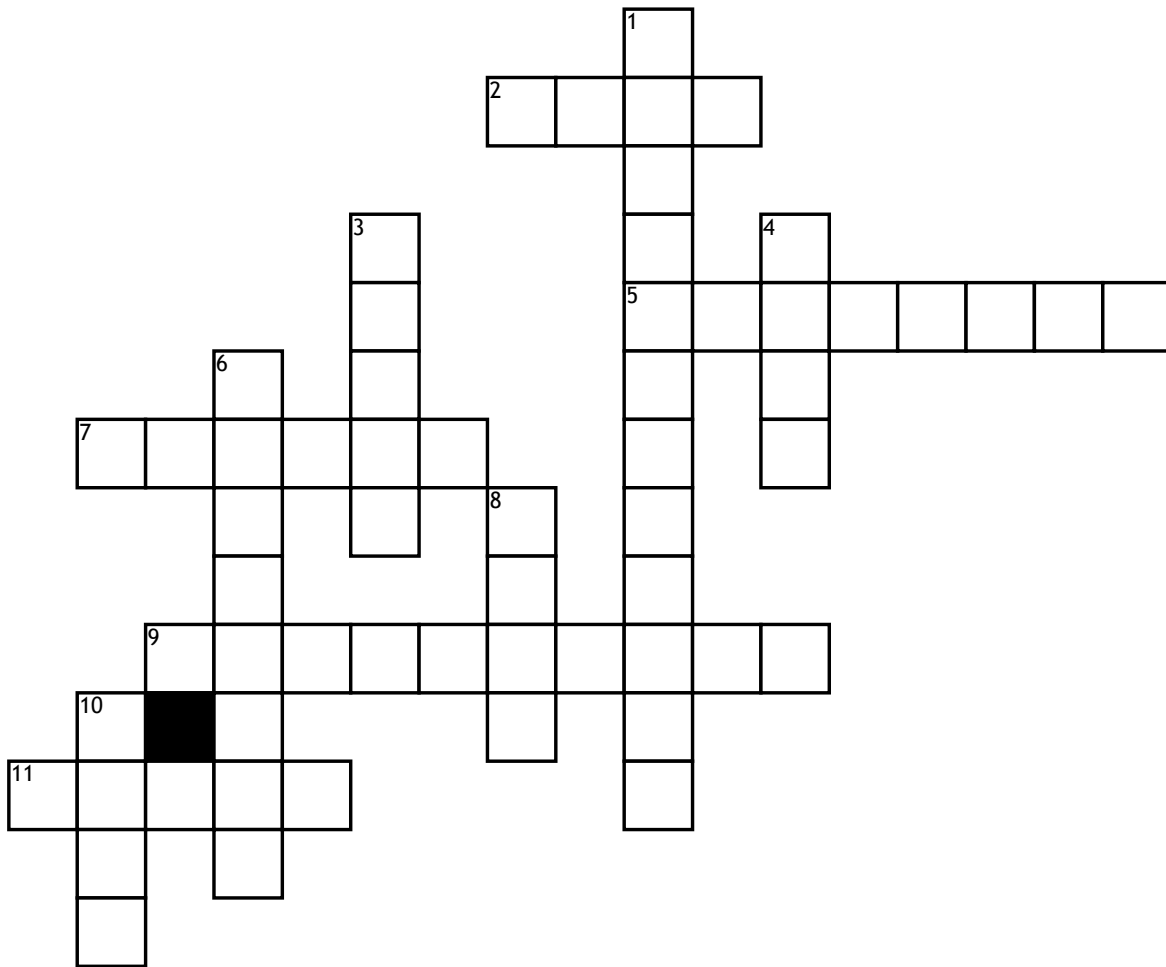


Safe Dance Practice



Across

2. The overall shape, organisation or development of a dancer according to the plan
5. An activity that you do after dancing which is really important
7. An activity done before any dancing is allowed
9. What do you do after a warm up?
11. The second word in the title

Down

1. Dance exercise focussing on slow, controlled movements
3. To concentrate on something is to...
4. What you physically use to dance with
6. The third word in the title
8. The abbreviated version of what to do when you get injured
10. The first word in the title