

Name: _____

Date: _____

SWITCH & Shout!

F S R P E N S Q H S D O P A F L V D P J V A Y J
N W I S B H R B O G W V A H E A L T H J U Q G W
Y N E L W E S S Q O C Z E C I S S I D E C L K E
H A A J B I P N J N N V U G T T S P J N R J A M
W A L K Y W T L J D P P K I E P L A Y S Z B E I
T C B M L A G C U K S M B V N T S T D Q L J R T
X D I E P J Y J H S W A D X F I A V R N G C B N
S J H R W I W U H J H L H S M F Q B C Z D A N E
O A L Q K U N S L A O G S C J X C H L C T A I E
Y M Z K E P N V C J H S R L R E V M A E C S A R
A N Q N F F O U X E Y V T Q V M R T O T S R R C
A Y S H I Q I N G N Z A J I R R A P I K G M B S
W R U A T W T C H R M D I X U S J V P M V O A L
E Y S P N W I T V O E A A Z T R E Z R V I Y X Q
Y T G P E A R V Q C Y A H E Z Q F Q O W I U V V
S W E Y S K T R M V K M T G U R I Q G G F Z H I
Q I J L S W U N L F J E R T I M Y A R Y F F O G
C I B T I X N A M O S U H Z A M L X E K M U E Q
B J U W E M M E X T U V O K W S P W S Q H L J D
A S F F Y T C P U G F P D L H D T R S A Y N V A
F T N E M E V O M N T B Q Y M M L E O O L P U I
A C S S M U E B P Y L Q W D A O T K R V R B N P
G U X N Q C P K X C O Q D H J D Z K B S E R T H
O Y T I N U M M O C Z L H T Z P K X I Q Q X F R

Great Tasters

Screen Time

Brain Break

Vegetables

Taste Test

Nutrition

Community

Progress

Movement

Improve

Fitness

SWITCH

Health

Habits

Fruits

Active

Happy

Goals

Walk

Play