

STRESS

U K C E T Z T Q I H C P F S U R V E Y K J S M X
V M E N I R H P E N I P E R O N Y L O N L A X K
G L M B H W J Q I K D R X C B F A T L E Q K V D
T D P C R A N D E L L Y E H X U T B E D V U V K
K I I X D T R R Q D M C R R P C B P F O C N M B
E P S Y H F X P T F G G C O X F I I X D G M B E
J N X H H U T E U P N F I N U N Z M V N F L Z T
X Y D U G F M V P I V P S I G F W K I Q Y K J H
D K Q O I D O A T Q W B E C C Q U K O C O P E G
O R S K R O R A N R G Y X H T O N O V C S L I I
O B I T M P E H C D Y P O K S I R R K T L J V L
H J U L R L H H L E E G A Z R M Z T Y V D J E F
T U K J L E J I U M M V Y D T T B Y I Q D J X R
L G E G P E S S N T I P E Q T W A I F S T L R O
U Q P E R G G S G E B G U L T K R K K S O S T T
D U N U P N W A N K N Y B U O Q D J O C N L F H
A G M P T Q N U L I U Y H V P P D T C A B T Q G
G X R D G B W L B D T A D L N X M B V S E A O I
N M O F W L T E B E R Y K M J E I E R H Z T T F
U Q M G T R Y L I Z K U M U G U G V N J Y E T F
O J I H Q G K X L Z M Q G B A S A B R T W J W S
Y Q D Y E X N A I X B T U S M K F J M F D I X D
T R C D X A O K T E P I N E P H R I N E B I E C
S J H K K G T P T X N C E H K V A R W P D E U U

human development
binge drinking
epinephrine
crandell
anxiety
stress

fight or flight
norepinephrine
endorphine
exercise
chronic
survey

young adulthood
illegal drugs
cortisol
sleeping
eating
cope