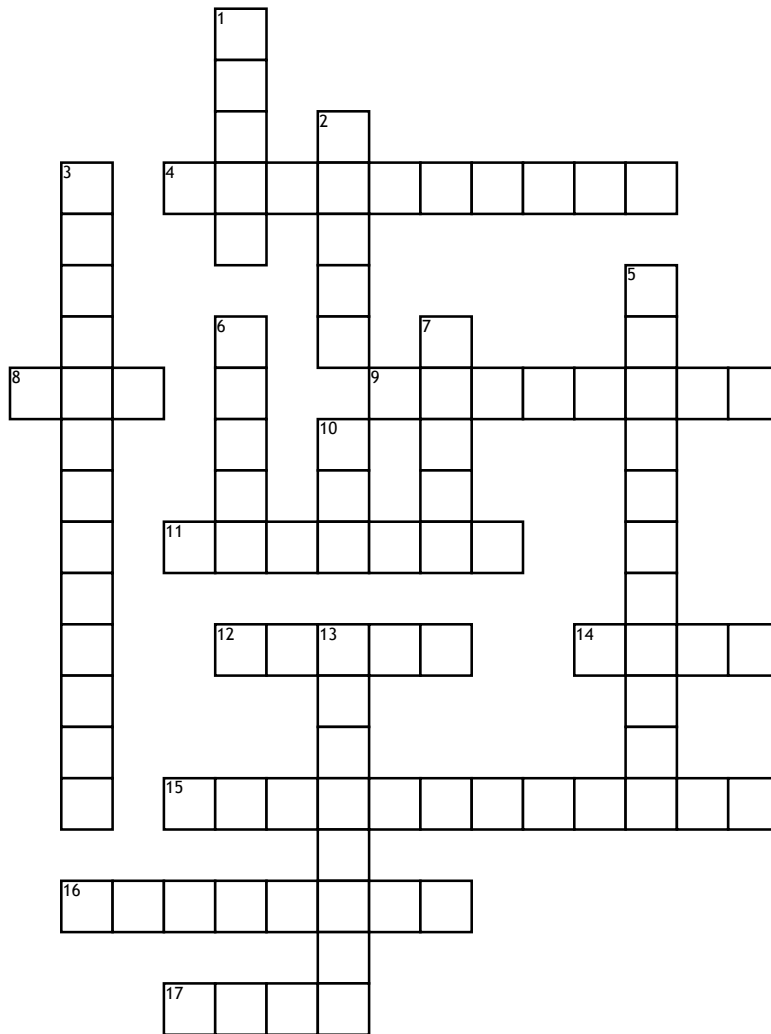


STOP OBESITY CAMPAIGN



Across

- 4. We should all be eating more fruit and
- 8. Something you feel when you're happy and healthy?
- 9. Being over weight can lead to this disease.
- 11. All meat contains this nutrient.
- 12. You are this if you are 20% or more over weight.
- 14. Fast food is commonly known as food.

15. The acid in your stomach?

16. These help the body regulate chemical reactions and growth and repair.

17. Mechanical Digestion begins with a?

Down

1. This is vital for healthy blood and body. You don't live long without it?

2. These start the digestive process in your body.

3. Pasta and Breads are made up of these.

5. What are the 2 worst things in Junk Food?

6. All humans should decrease their intake of this!

7. This nutrient helps keep your digestive tract clean.

10. Adipose tissue is the technical term for?

13. This plus diet = weight loss?

Word Bank

- | | | | | |
|------------|-------|---------------|-------------|----------|
| Exercise | Bite | Carbohydrates | Fatandsugar | Diabetes |
| Vegetables | Teeth | Hydrochloric | sugar | Vitamins |
| Obese | Junk | Water | Fat | Joy |
| Protien | Fibre | | | |