

Name: _____

Date: _____

S.M.A.R.T Targets

E F G F K C W Q M K W T U I J A G
D E L B A E R U S A E M M L N H Q
N M T I C S Y H C H Y M W H H J T
J A K R X A O L D R E L E V A N T
L H J C O T F D X D I V I N G P R
L A U Z R H T E I K X Q P E N R C
U C G A A Q S A W L L G L N O B Z
F O M D K A T D T A W B C Y L Z C
E S B P H E B E N A A D I K P Z H
S E N N B M L O H V C E T D K Q I
U T T Z K M S V E A U A A F B H D
B W I C N R U I K G C M P G Z S E
V R R M E S H Y O S P E C I F I C
D P K P L C E A T D O E M H K S O
X B M R A Z L Q O L B G C O O P Y
A V K R F S A T I M E L I N K E D
S I Z C V Z W G O Q D E D W U N G

Time Linked
Immediate
Personal
Smart

Measureable
Relevant
Useful
Short

Achievable
Specific
Goals
Long