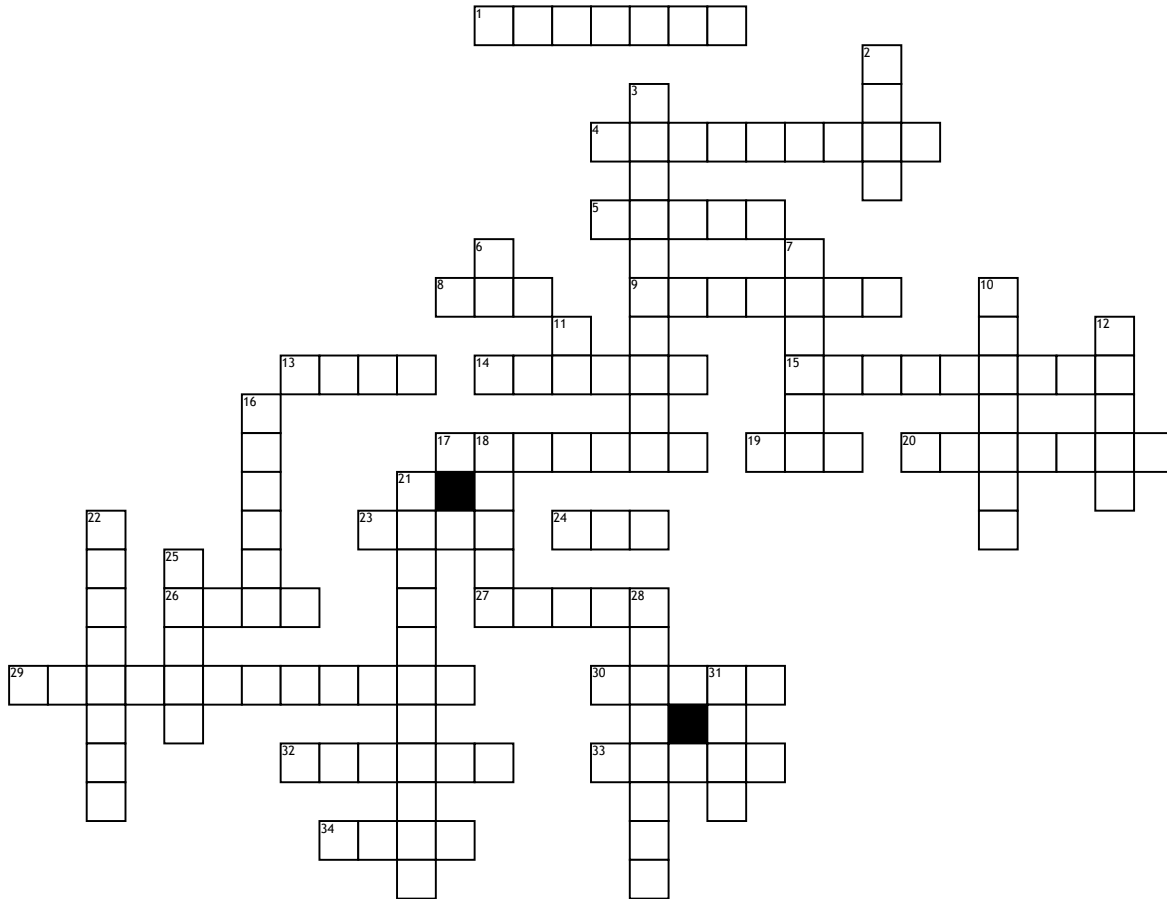


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# SHIATSU REVIEW CROSSWORD



## Across

1. LONGEST MERIDIAN
4. ENERGETIC PATHWAYS THAT CIRCULATE KI
5. RULES BLOOD
8. MEASUREMENT IN SHIATSU
9. EFFECTIVE BODY MECHANICS
13. TOTAL NUMBER OF SOURCE POINTS
14. LOCATED AT GV 4
15. FAMOUS FOR DEVELOPMENT OF SHIATSU
17. FINGER PRESSURE
19. CONDITION OF EMPTINESS
20. BEGINS AT THE INNER CATHUS

23. JAPANESE TERM FOR ABDOMEN

24. LOCATED ON THE BLADDER MERIDIAN

26. ENDS ON THE THUMB

27. TERM FOR AN ACUPRESSURE POINT

29. REFERRED TO AS GRANDMOTHER & GRANDCHILD

30. CONDITION OF FULLNESS

32. LOCATED AT CV 6

33. STORES BLOOD AT REST

34. RESIDES IN THE HEART

## Down

2. RESIDES IN THE KIDNEYS

3. TYPE OF KI MOVING AGAINST THE FLOW

6. TREATS ACUTE CONDITIONS

7. BEGINS ON SOLE OF FOOT

10. BEGINS AT THE INFRAORBITAL RIDGE

11. PROTECTS, STABILIZES, TRANSFORMS, AND WARMS

12. ENDS THE CHINESE BODY CLOCK

16. GOVERNS BLOOD

18. BEGINS AT THE AXILLA

21. RULES MOMENT TO MOMENT DECISIONS

22. INTRODUCED USING TWO HANDS

25. ANOTHER NAME FOR MU POINTS

28. KI INHERITED AT CONCEPTION

31. CREATES ONE'S PERSONALITY