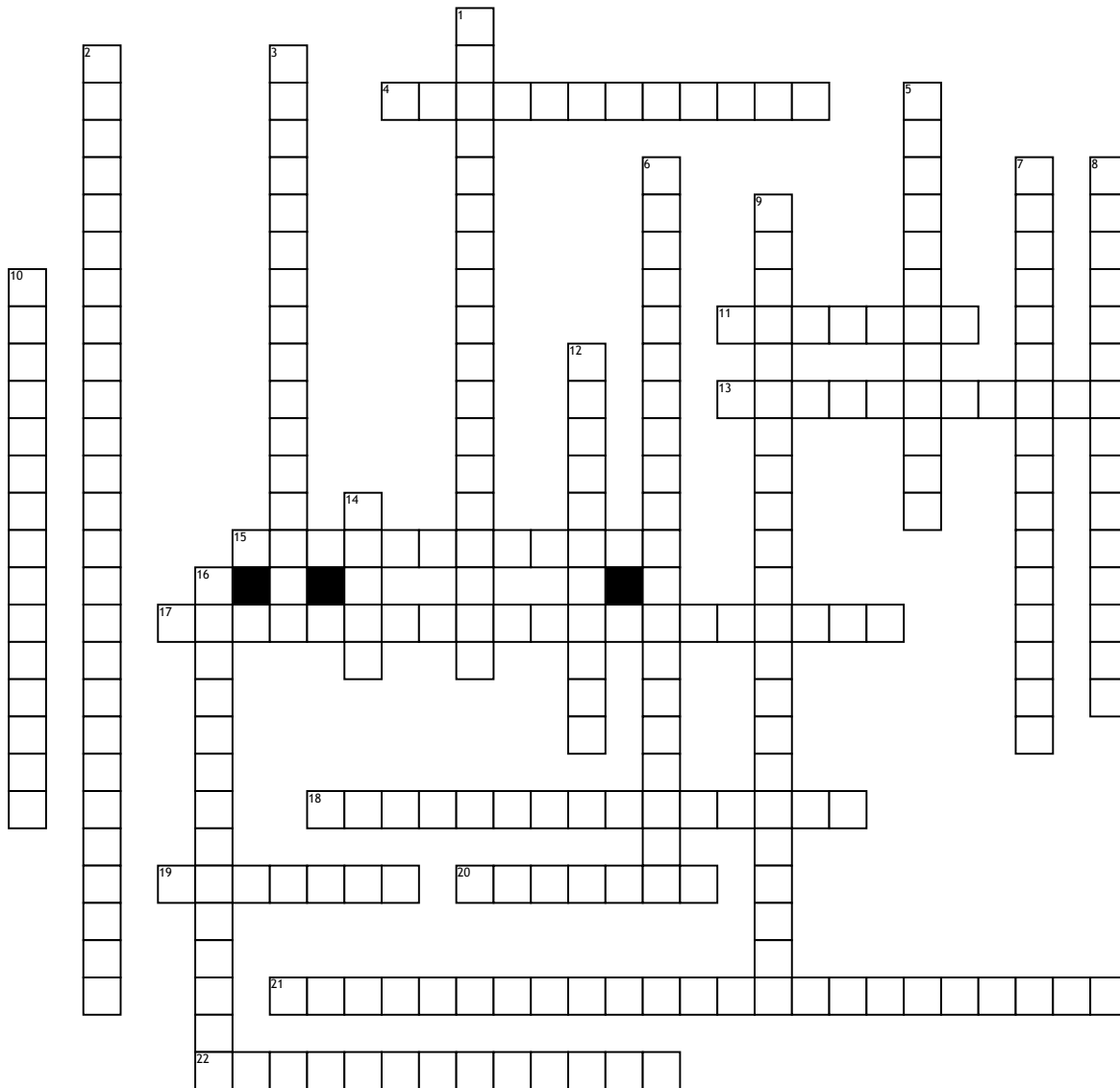


# SFBT therapy/ Narrative Therapy



## Across

4. Therapists are active \_\_\_\_\_
11. change can occur \_\_\_\_\_
13. therapists listening for openings in stories for counter stories
15. Co-founder of the Brief Family Therapy Center
17. we have the ability to resolve the challenges that life brings us is the
18. "If a miracle happened and the problem was solved overnight, how would you know it was solved, and what would be different?" is an example of
19. separation of clients from their \_\_\_\_\_/ problems
20. stories shape our \_\_\_\_\_
21. "between now and the next time we meet, I would like you to observe, so that you can describe to me next time, what happens in your life that you want to continue to happen" is an example of

22. Co-founder of the Brief Family Therapy Center

## Down

1. Times when the problem did not exist, or when the problem was not as intense
2. helping the clients realize the problem is outside of themselves, especially useful when clients have internalized diagnosis that are not helpful
3. "What have you done since you called for the appointment that has made a difference in your problem?" is an example of
5. co-founder of narrative therapy (1949-2008)
6. any kind of judgement that locates a person on a normal curve
7. a strengths based approach that emphasizes collaboration between client and therapist to help the client view themselves as empowered and living their life the way they want

8. "On a scale from 0 to 10, with 0 being how you felt when you first came to therapy, how would you rate your anxiety right now?" is an example of
9. used to help encourage the client and note their accomplishments
10. therapists separate the person from their problem in their mind as they listen and respond
12. co-founder of narrative therapy who currently works as a therapist and visiting professor
14. Clients choose the \_\_\_\_\_
16. questions that ask about a moment of choice or success regarding the problem