

Running

I I H O V E E F W P Z L O U E X M R I U I S B U
H A I A Y E D O G X W V E W K R O W D R A H O F
L Q F X T X J U F U P J U V H X J H P L I K W R
P T O H D L W E X V Y S A H E E D D E E R V X A
J W S E J Q J Y P R H A P F F N E G H E Y K H F
B O X A F G E M A O E C T E J R W D Q J Q A C F
C K A W L C V U G D L R L G E J S O U T B N L E
F O W W P P T S X G L A L M N D M B R X X I W L
B B O H C M V C O R B U R X Y T W U Z T C P G T
K Z I S Z H P L V K I E F O V B B O D D H C M G
Y N X N W J T E Z T D G S I S V Z V R R M Q I Y
T Q W Z T N P S R N P E C T T E T Q H K M O L R
H Y M M I K G F I K O G F W D U B V E N O G E Z
X A K A N Q N W U H C M J R R W A W S U M E S C
N D S R A P F Q S G L M X U V V O E Z W H F E F
E S Q H Z L D C V I U N Y N W R J C B R Q J W Q
N M O D I C N N R C D Z A H T P M L A T Y A L S
H O L E L Q S D T Q R P Y A U N E B Q O Q H L H
R O M B K M A B S O S G Q P W C M A R A T H O N
N L K I L Q V O O N S B C P A H R S S N G E L S
R B Z M W X K S B N H S X Y S N D E R Z Z D B K
W U J P N T G T O B A U R W P S Q Z G K I L M Y
F X I I T C D O E R R M Z H J A W T Z L I E U H
M R E N N I W N W R L E G R O L L E R Z X Q X Z

beautiful day

leg roller

Levenworth

Windermere

speed work

Bloomsday

hard work

run happy

marathon

muscles

Boston

winner

shoes

miles

deer

gels