

Name: _____ Date: _____

Resilience Article Vocabulary

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| 1. Self-efficacy | A. relating to society |
| 2. adolescent | B. mental or emotional strain |
| 3. trauma | C. state of mind/mood |
| 4. psychological | D. psychological injury |
| 5. emotion | E. affecting the mind |
| 6. social | F. feeling of sadness/loss |
| 7. depression | G. from child to an adult |
| 8. adolescence | H. youth growing up |
| 9. adversity | I. difficulties/misfortune |
| 10. stress | J. confidence in own ability |