

# Resilience

O T K N C Z F Z E O K Y R X Y E K A P H A T F U  
K R V G B D B X L A Z E V T V W Y E F J D J D E  
P Y Y H Z U M C O P S N L I O J U Z U E A R H J  
F K H C I L U L M O L U T H C C Z Y P J P H R F  
G Q L M E T F F U E C C U I S T R E D U T K U O  
C C W X U B L R A I E R T D E E Z T H F I U X C  
P N T Q W E C Z F P X O W S J G G O U A N H K B  
S T R C H E P F S D A V Y B C I N N G F G H N D  
H Q R C F Y I R B C N E K H H U Z A E B B T J L  
W G A U W D E U O W I R Q Y D X C M H L D P E M  
W N L Y B P Q N K O M C M O T X U B X C L A G J  
J I X Y Z R T H T S A O E U P I K Z T B R A P R  
B D W Y E R T U G F T M W U O B V C N N T R H X  
O N G P O A B U R D S E N U N R B I I S O M H C  
C O Z L U V F S R L V Y Y Y C X Y N T B A T A H  
I P M O O Q Y R A R O P M E T R G R L I G T L P  
T S D X U L G G J X B F B F P L J E H N S L W D  
S E D E N X G P R O P X D Z E J M C F P K O S Q  
I R N O C A T T I T U D E S R S C G H M V D P C  
M H E K N I S W G D B B S P O V X L B R D B P I  
I P A K X G S O A V T O F L A E K R I K B V M U  
T J R O C L W I Z R N L V S Y T I S R E V D A X  
P R T P N E J W V S P E T Y T I L I B I X E L F  
O I C P H W W J M E R D S T R E N G T H T P U M

learning lessons

problem solver

resourceful

flexibility

perspective

challenges

difficulty

responding

positivity

optimistic

temporary

adversity

attitude

decisive

overcome

adapting

strength

control

stamina

change