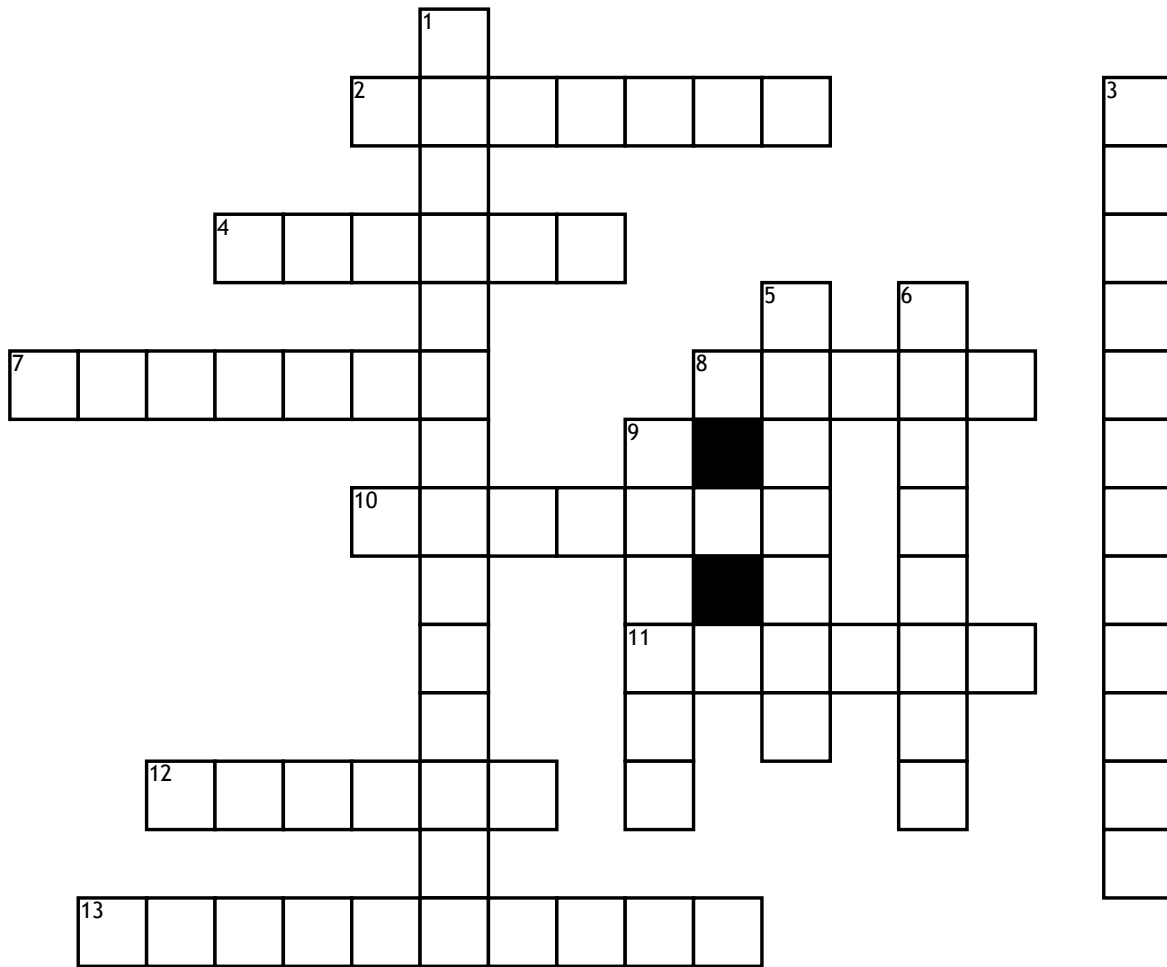


Name: _____

Date: _____

Release Exterior Warming



Across

2. Ma Huang of Summer

4. Stops Nausea and Vomiting

7. Sheng Jiang benefits the

8. Opens Orifices

10. Strongest Diaphoretic

11. Frontal Headache

12. Harmonizes Ying and Wei

13. Cong Bai for wind cold

Down

1. Xin Yi relieves

3. Fang Feng Expels

5. Used for both wind heat and wind cold

6. Pain in Taiyang and Du Channels

9. Vertex Headache