

Relaxation

S T I L L A I Q I B
G D I S M I L E J R
O U W E L I M P J E
F S A F E C A L M A
U Q U I E T N L N T
L A W A R M L B D H
L V V D Y A Z T J E
D E I G V H A P P Y
Z H B R E E Z E U L
P O M Q X F O Z G G

breathe breeze quiet still
happy smile calm full
safe warm limp