

Name: _____

Date: _____

Relaxation

P I N K K Z Q B N I M X Z J O N U P E R F E C T
T H H B L D P U C H I L L I N G N H B J C G R D
Y C M M R E O F I C R P M Y W S O N C V M K V H
A V U G P E P W C E D J Q V W P C W U R S K A F
S A J O G O A B G N T L L F C G V O Q B R V C T
G T B S M F U T U K J K V X M D P A M R W H X N
B I A I F L F M H P O V F E S D V L U F T S S Z
S Y J Z J T A S T E C C D E M M X K O N O S P H
X U K X K T M H M E E I K A Z L R J E E D R U G
B N P C G O S E R Z T S U I K O I C W M U L T T
A T U U Q Y N X F A F Y V V U D F M F X O Y X X
N J P E L E I E T G U M F D R E X Q Z O C L D X
H D T L C K X I B K Z B M Q T A G N S H X E S L
J S O A U M O B I U Q I W W N A B D M F Z C Z O
U I E J G N S L B Y H T A E J U O I Z K I E U H
N P M E F D C J K Q X Z M S C D H F Z E K E A C
Z U C U L P O C N D M S L D M M E X H L Q H P J
F E E P E G Z Q H C T H A G J R Z V J F G F J E
X E P D G F E U G J O C C X I P L Q M L U C G V
J C F O R E Y T N L I U Q N A R T J B H D X E Z
P D W B U M W M S U M J M T T M E Z Q E Y A J S
G H R X P G H N D X O V D C J B K L D C E Z R B
Y J T Q A E H N A Q C S H K M P H G A Z M D S W
K F R C Q D S H B I G N E Q N V X U G X Z S U B

Meditation

Chilling

Tranquil

Comfort

Perfect

Breathe

Peace

Quiet

Relax

Calm