

Name: _____

Date: _____

Relax

Q O R B Y O H T X J Z F F O E S A E T Z C R A D
 K M Z S G D G A V Z T U X M B L F D A C G L A O
 B K G S E A F N N H P X Q X U K J N K B I O Y N
 Z E G P J T E Q M G C J C U N Y B J E X U O C F
 X D M N K T T L M B L V J O R E R T A R N S O A
 B K Q O E T A L W O U O C Z K P G R B E L E L U
 E J X K H C A S E J A K O R R E P A R C A N L B
 S C A N A T O K D B O R O S M J D N E L X U E O
 Y T O I T L A E E F A W Z I E Q N Q A I G P C N
 N A I M N G M F F T P C T A T A U U T N R X T W
 Y T D B P D N T L O I S K A K H O A H E H O O O
 B N D E D O Z W T E E M K O O M R L E Y G L N D
 B Y C K C A S S O N S E E S H N A I R F P I E M
 C B H C W I Q E O D I E O O E G T Z L N O E S L
 O R I A P F N E O T E K N T U V I E T E A D E A
 O E L B K A K A E N C L F O X T S G G Z W O L C
 L A L T Y A H A E T E O T I E E E O N A S W F A
 O T O I T K S M Z V S S O T N K P Y M L P N H H
 F H U S N Y H T V K A V E O E P A I W G P E M X
 F E T C D N I W N U C H T L C S C M U N B E N D
 Y E F W E M O H T A L E E F F M O S Q C C X Y F
 R A H L F G C H E H L K A E R B A E K A T D D M
 U S T T E S O P E R N W O D R E M M I S Q C A I
 I Y P U T O N E S F E E T U P O Z U F T S E R I

Make Oneself At Home
 Take A Breather
 Take Time Out
 Breathe Easy
 Settle Down
 Knock Off
 Take Ten
 Lie Down
 Unwind
 Laze

Put One's Feet Up
 Compose Oneself
 Take It Easy
 Simmer Down
 Sit Around
 Calm Down
 Ease Off
 Recline
 Soften
 Calm

Have A Nice Day
 Collect Oneself
 Take A Break
 Settle Back
 Hang Loose
 Loosen Up
 Cool Off
 Unbend
 Unlax

Take One's Time
 Let Oneself Go
 Feel At Home
 Tranqualize
 Stop Work
 Chill Out
 Sit Back
 Repose
 Rest