

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Relapse Prevention

L B S Y P O G W O P W M D O L R K H L H Q A Q K  
X K T J R A M R O E I P G O F F W J N Y U E L P  
I T W N G L D S N A W W H E M V O K T T E W F D  
P V P K N H L R C T I O V L L F P H T U K Q E K  
C U Z N V K G H L E C B S D G V G Z E L V L F R  
P C T V W W D O A L B F N B O Y W A D A D B F Q  
S G N I V A R C A F V F T P P G D B E E L S O F  
E F Y X D V D F A T N H M Q R V P L A N K D F P  
D P H S Q X J M P G B C J Q I E L K L F J R J W  
E Q O U A L S E W D O D F D Q M V Q J Z K U V W  
E Y U B C U Q R G K F O K T E P A E Y R S G C N  
M H M S U V D W H L W G C C Q C U F N W R S F Z  
N V M T Q Z E M P T P J N H S X Q T L T E L M T  
K Q N A A F X S N C P T R I G G E R S B I H Z T  
Q Q K N L S C O E D L A R X P C Q W E I V O N W  
J C G C Y C F L M S E T A L C O W E K C P T N Q  
E P W E M S Y H G E H J F A V H C U F T A U Y L  
S Z V U F C C Z G U F U C K K T F P B K H T A N  
P W Q S H F E O T H L R W M Q K H Z H G O M U C  
A I K E L W W Z B Z E X W L E I M A C C W V X B  
L D I N I F F T L F S F K I A B S T I N E N C E  
E O T I F R T P X P W Y C J V A B L N L T S P C  
R N G U R X A K N U V A X Y U R Z O C J S Z S J  
Y L H G Y C O Q E F N I F R G L G V O K J P X H

Substance Use

Abstinence

Prevention

Self Help

Cravings

Triggers

Alcohol

Relapse

Coping

Drugs

Plan