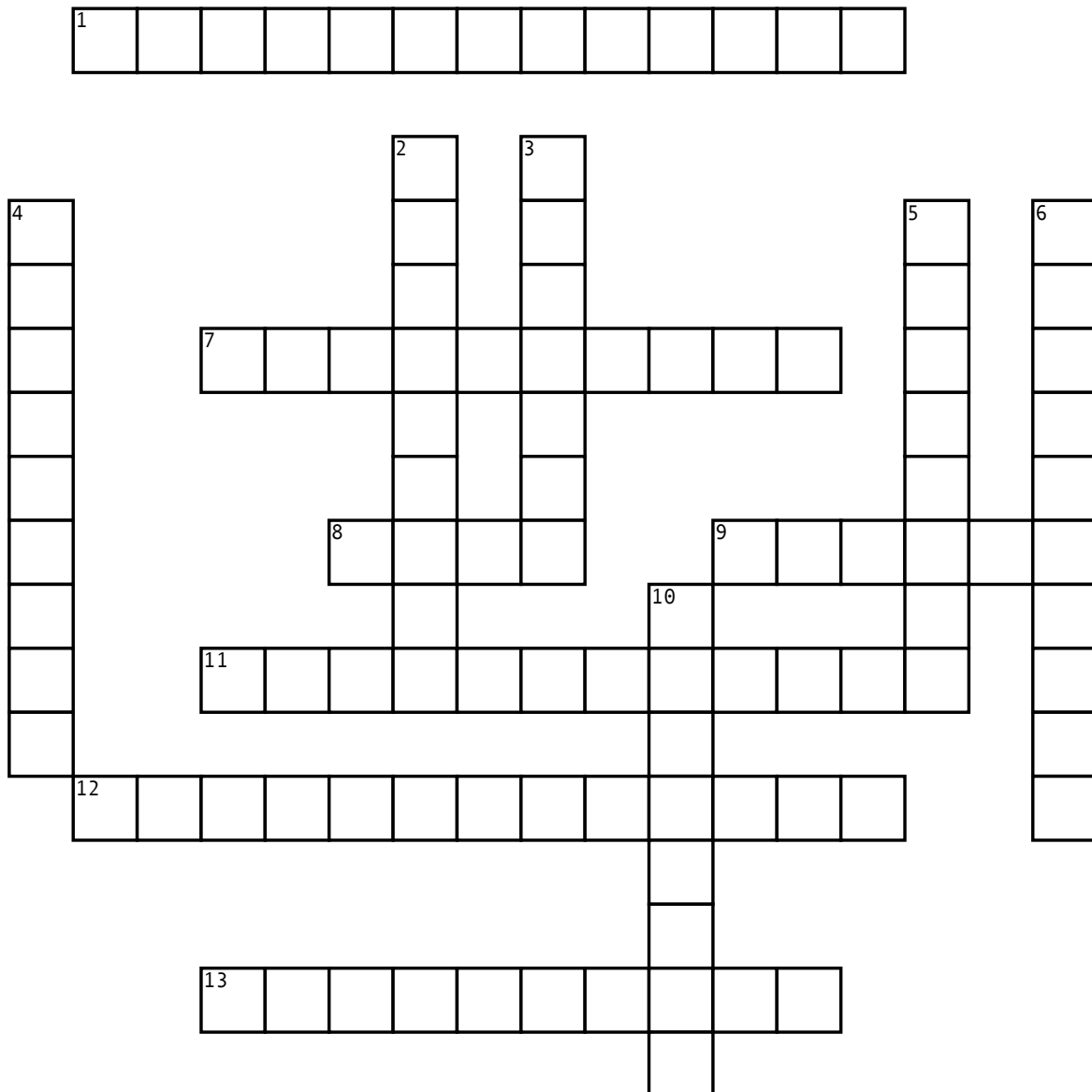


Rehab Exercises Therapies



Across

- 1. Inactive muscles become flabby and decrease in size
- 7. Uses soundwaves to produce a vibrating motion within the tissue that generates heat
- 8. You don't use it, you _____ it!
- 9. ROM done by the patient

- 11. Cold therapy reduces swelling, _____, and spasticity.
- 12. Superficial heating agent: _____ packs (composed of silica gel)
- 13. Muscle _____ may occur during ROM exercises

Down

- 2. Hydrotherapy with massaging effect is _____ therapy.

- 3. ROM performed when patient is unable to move a body part
- 4. Exercises that increase muscle strength by contracting without any joint motion.
- 5. Cervical _____ helps in relief of spasms and straightens the spine
- 6. Massage using percussion
- 10. Superficial heating agent: Wax and oil bath