

Name: _____

Date: _____

Refusal Skills

Q M N O I T A C I N U M M O C E V I T R E S S A
S R E E P E V I T A G E N E T A N I M I L E G V
J P T I J H P X W I R F Q P U R A J W L D K X T
Q W Y M I U S Q T S H O S S P E A K F I R M L Y
C M O B T M G V N N Q U M P X C P S M Q G Y U C
R R J O N O I I E S K T S E C T I F Y N D M Y W
V R C I B R T B D D J R D E X Y T D L B T M Q L
B L D N R O Q J I Z L O J R E C D I D B R L D R
E Z U C O I U K F L I P Y P Y B X T I D O H N X
R Z N K K E C S N G L P N R E H X N P A P G O Y
H M I Z E B U U O X U U X E C M B Q A R P V I A
C S T D N R J Q C N C S A S O N D V R O U Z T W
H O Y L R S E V E T P E T S N P T S D E S N A A
O I I A E B O I B B C H S U T W Q U N W K R U K
M Y N D C E R O N G I T F R A Q E Y O B E K T L
O X N F O J P B M E N E H E C T E Z P L E V I A
E B U L R J L K E J R G W D T M N E S K S A S W
N X M A D O C R C H A N G E S U B J E C T B D R
Q V B T O U O E F V C A I D H N Y T R I Z D I T
A Y E T N K E F Y G N H C D K J O W O U A W O U
R G R W W R U U L P I C Y C J S O V G R P B V O
T V S E N J F S Q O N Y A S F I W U C H P K A J
E P A S S I V E C O M M U N I C A T I O N T D P
G S G C X Y F T O P A Y Y G L A K H N D F Q Q X

eliminate negative peers
change the support
avoid situation
broken record
speak firmly
refuse
humor

assertive communication
unity in numbers
change subject
be confident
eye contact
ignore

passive communication
respond rapidly
peer pressure
seek support
walk away
say no