

Name: _____

Date: _____

Recommended Foods on the Renal Diet

C M V L C W Q Y A Y X G L Q K I L I K Z V E Y V
Y F R Z G X X U M C U M C F A I H Y K M M H E H
R E W O L F I L U A C X P M N I K B H X B U L P
L W M K Q D E K V I S Q K E C I R P S U R W N F
E G G S A L A D J T Q N V I R X J K P Q S D E D
N B A D L C J Z O S K E H Z P M N S K E P E A B
W L G P K V A R Z F B H S A D S R M I Q B W E J
V G Y C M X R E L G E V I W G Q Z R N N Z Q D W
U O O G D A N V G S H V F Q M V R L A J D I G H
S H W I C U S M G S O F E Z D E R E I W A D T H
I X T Y S F E S E P A R G V B O L O K Z E R P G
K M F S E N O B C N V Q N E C Z F T D F R X W E
U L N Y L D E T I C C Z U B D V F H X X B N S E
G S W E P E Z Y A D V L R S K G C G A O E K U H
G O W Q P S T T R O B I E G T G J N A K T D J I
V R P L A C B A T K C R K A P I O B S O I M I N
P B C C T U N A A E T L Z Q K N R J U L H L A E
V E Z J V L M X M E K Z X A F W Q G A J W C H K
I T M O V O G I L I W S S B V B X P C N Y Z M C
K L F J Y R L M S O L I V E O I L X R E L R U I
P M P S N K W P G I V N T X O V G M K T Z Z E H
O I P R R X R S E K A L F N R O C R C Y K Z A C
Q D S Z K K Z R E E B T O O R W U N I F Y E E Y
F X V A N C Y L W A I J J T B T O U J V L L L Q

white bread
olive oil
lean beef
turkey
grits

cauliflower
egg salad
Mrs Dash
sorbet
tuna

blueberries
root beer
carrots
apples
rice

corn flakes
rice milk
chicken
grapes
fish