

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Reality

G E G A R O C N E S P R A Y E Q Y	depression
Z R X M Q V L J T L N M W V K P P	compassion
W S L O V M T Q T A N T D R B D V	successful
E X H A L E S G P O O A L A W S H	motivation
T N Q B I M T T A G Q X O E D S L	meditate
L N T B U L I H R X U V S F N U N	encourage
Z D E F O J E N Z E G P M C O C O	anxiety
R Y Z V Z U L Z P V S F E A I C I	respect
Q L T L U O A S I O F S D R T E S	exhale
C X Y E D T H B Q L H B I E A S S	inhale
P A F K I Q N C M V G C T Z V S A	stress
D L F J Q X I C R J C M A Z I F P	relax
Y E Z A B G N C A H K A T P T U M	sleep
M R I T K D T A Q B M E E Y O L O	goals
E S L E E P G E J O B T H O M F C	pray
N I G W H Y F W F F R E S P E C T	vent
R H U Q E N O I S S E R P E D T R	fear
	care
	team
	love

