

Name: _____ Date: _____

Re-Arrange the words so they make sense

1. RSGUA _____
2. VSEELBATGE _____
3. MNISITVA _____
4. FSTA _____
5. OYARDHCSAEBRT _____
6. LMESCUS _____
7. LTELAWE LATPE _____
8. ETSNIORP _____
9. EGNEYR _____
10. IBESCP _____
11. OODNMPHER _____
12. HORTPMOEC _____
13. MSHEOMPOR _____
14. RTLOLEOFAB _____
15. EWSRTLER _____
16. ACERND _____
17. SHTCRET _____
18. ATRDESUTA _____
19. ICSRCUTI _____
20. DTIE _____

Word Bank

diet	biceps	vegetables	mesomorph
proteins	muscles	circuits	stretch
ectomorph	fats	footballer	endomorph
energy	dancer	sugar	wrestler
carbohydrates	eatwell plate	vitamins	saturated