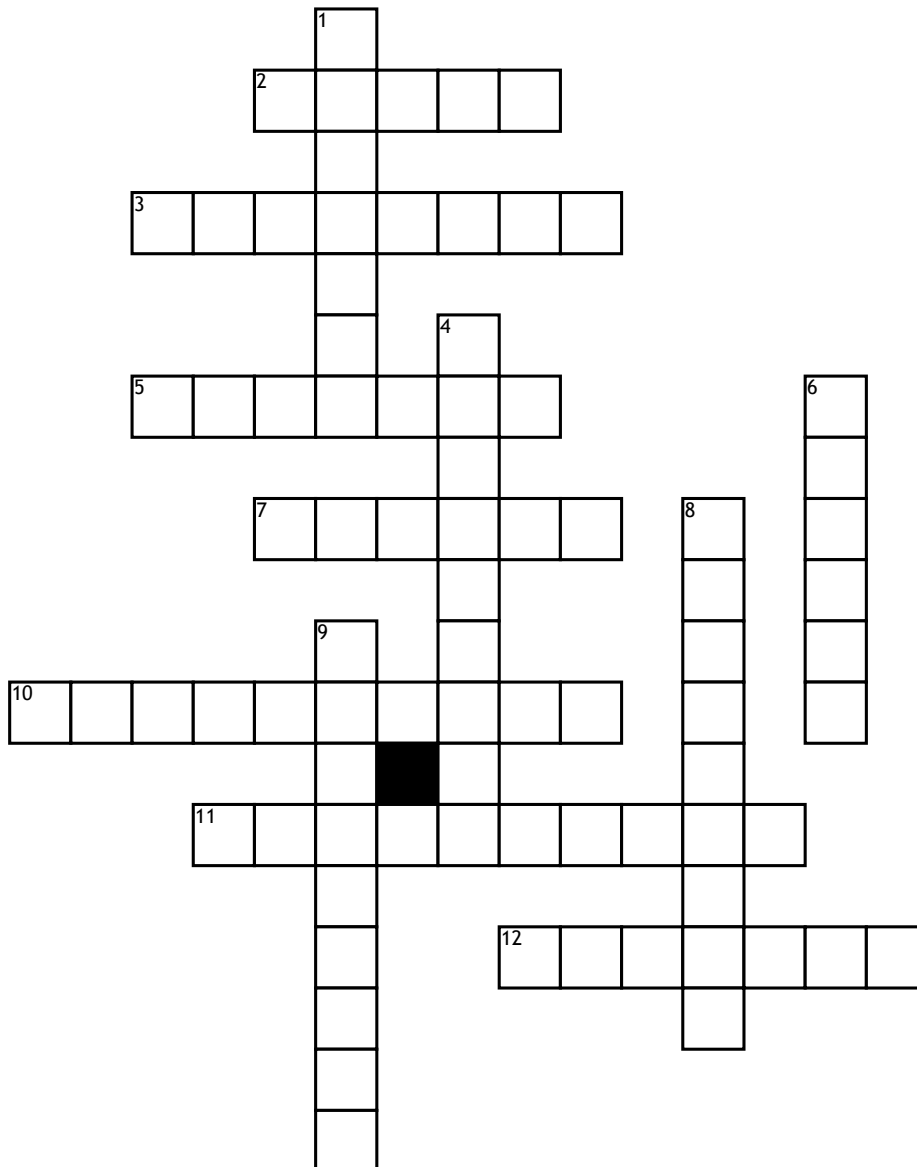


RELAPSE PREVENTION- WORKBOOK REVIEW



Across

2. WHAT DO WE CALL A ONE OFF SLIP UP

3. USING THE SUBSTANCE IS A SIGN OF A WHAT RELAPSE

5. RELAPSE PREVENTION TOOL COST _____ ANALYSIS

7. THINKING ABOUT USING IS A SIGN OF A WHAT RELAPSE

10. TYPE OF COMMUNICATION THAT MAY END UP CAUSING A FIGHT

11. THE ACTION OF STOPPING SOMETHING FROM HAPPENING

12. WHAT DO WE CALL A SLIP UP THAT ENDS UP RETURNING TO OLD PATTERN OF USE

Down

1. TYPE OF COMMUNICATION WHICH MAY RESULT IN GOING ALONG WITH OTHERS IDEAS EVEN THOUGH YOU DONT WANT TO

4. WHAT PERCENTAGE OF COMMUNICATION IS VISUAL - (IN WORDS)

6. ONE OF THE 3 STAGES OF RELAPSE - M

8. ISOLATION- LOCKING YOURSELF AWAY IS A SIGN OF A WHAT RELAPSE

9. COMMUNICATION STYLE HELPFUL FOR SAYING NO