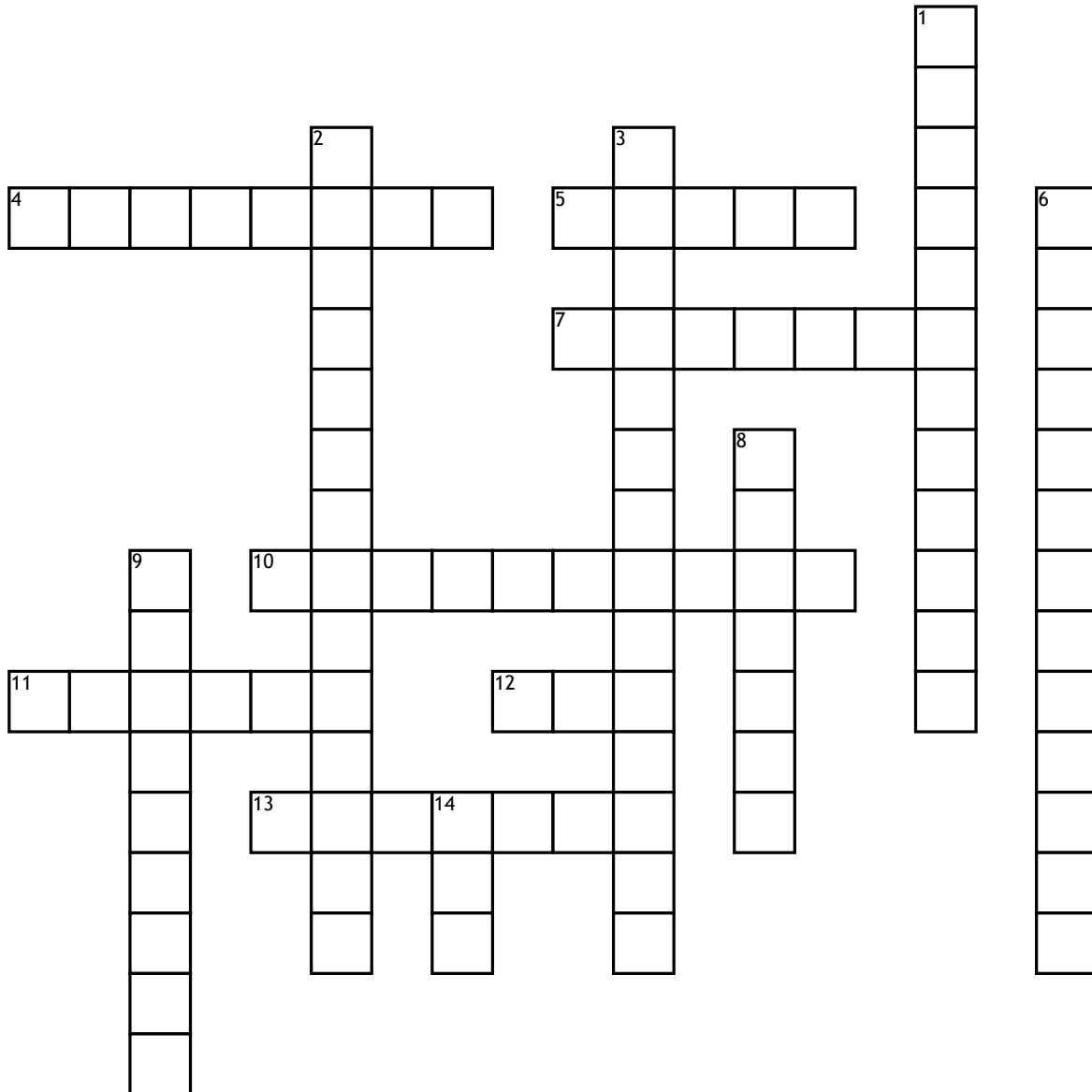


Name: _____

Date: _____

RC presentation



Across

- 4. RC plays this sport
- 5. RC is in this Grade
- 7. Building block macro
- 10. RC is 61th of what for her age
- 11. third listed calorie equation

12. Height to weight ratio used for a general guideline for health

13. second calorie equation listed

Down

- 1. names of presenters
- 2. First Calorie equation listed

3. Vitamins and minerals

6. 45-65% of your daily intake

8. Nutrient of concern

9. a substance that provides nourishment essential for growth and the maintenance of life.

14. this macro is 9 calories per gram