

Name: _____

Date: _____

Puberty Changes

H R E K W L K W V G B K S L T W R O K H Z N D B
W I D W B Z F U S P Z E H H L O G U X Y C N B S
M P Z G S E G N A H C E C I O V S A L Q N B W L
K O O S X P O L E V E D S D N A L G T A E W S Y
Y A R L D E S U F N O C D N A Y L E N O L I H K
P V W E E A N O R A E M J Q O R D Y T U R U I Y
G W S N I V E R V T L R I A H M R A R E D N U H
T G C E D N E W R D H B M G Z A L H U U S K V H
V A Y N B E D D V A G I N A L D I S C H A R G E
Q O Z S J U S E S B B W G Z Q U P K P Z G D J M
N S W V Y O P J P T J P R R C Q H I Q C H W N O
U Z M I N X S Q V E S Q I C C L W B L I N N C O
M Q E Y N T U P U Y N A Z B Y V G W Y G O J N D
K U N W U B U X C A H D E R E L L A T W O R G S
U O S D I V V P Y Y W P E R C I H T H S G P N W
N C T Y Y P B A L R I K J N B K Z B P R U S A I
Q N R N A N M I R O J F S F C K J Q X X B W V N
B M U L S K O O L T U O B A D E N R E C N O C G
G A A C F Z T H I P S W I D E N I C M F A I R S
C C T E H Y K V H I H E L Z O A C L P C Y G K Y
H Z I P G N A R O N Z R W M I I M T D Q T H I N
V W O R N W L P A D B K C Q O Q Z O O F P G Q N
W G N P P P W I N T E R E S T S I N B O Y S G P
C P W Y N M L P G X Z F C F D S V E Z R C W C T

concerned about looks
more independence
breasts develop
menstruation
hips widen

sweat glands develop
vaginal discharge
underarm hair
mood swings
oily hair

lonely and confused
interests in boys
voice changes
grow taller
acne