

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Psychology of Sleep

A M N R E M D J T C S E J O V T X  
F F J D B L N S W L S L P H S R X  
D K P K R A Z V R D K X E Z H P N  
Q E B Y A M L R V N B U R E M S B  
P F P R O U E W P P S I W V P P T  
K V Z R Q N G P R S A J K U F L V  
N Y P A I B G E O Y E M P D M K R  
Z T N O F V D C N C R K A G S X B  
Q Q H F D R A Q E H L M T N N T H  
W N R Q O N L T H O W I T X S H S  
U G P S S E C J I L U B E X J E K  
C O I D E N H S P O Q S R W W O E  
N D E Z G L G H R G N C N C O R M  
X I O T A Y N Q S Y L F S P X I C  
Y P A P T K D R E A M S T X U E W  
M Y B R S E R O T S E R V L Q S O  
Z B K D B I T N J I B D V Y D C W

Deprivation  
Patterns  
Stages  
Brain

Psychology  
theories  
Dreams  
NREM

Disorder  
Restore  
Sleep  
REM