

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Psychology of Athletic Preparation Word Search

L V C O U N T E R C O N D I T I O N I N G D Q V  
L V R O T P S R B I G E L J C V W H D L G S O E  
S S D I N T N E M H S I N U P E V I T I S O P Z  
A E Q X E G T Z U L P I H L L Q Y X W A D R J I  
N E L B M D N O I T A I C O S S A M A W R E W L  
C C I E E G M X Q Z L S S E R T S I D S R C T A  
Y N S J C H Y P N O S I S U Y H F T U H L I K N  
V G S G N T P V Q S R Z B E M K A S Q H K P P O  
Y Y R Z A G I N V E R T E D U T H E O R Y R S I  
R O I E H H X V T T A G R R T U U L M Z Q O V T  
E W O C N O V C E X R I T R K L P F O R N C N A  
G H T F E E X V D A V P A C X P R E M W W A O R  
A P J E S X C R K H T I I C Q G O F O V K L I E  
M M D A G C F I W H T T R S Q Z C F T N W I T P  
I I I M R L Z T H A E O E P S T E I I O A N A O  
Y Y I C S O M X N C V U H N N H S C V I A H I V  
A C Z U Q X U X S R Y A G U T C S A A T Z I C D  
N A G O D A I S W C S S F B X I G C T N J B O Y  
X N P Y X E S R A B J S P F K S O Y I E N I S Z  
I S K X T V U D G L J E Y T G S A N O T J T S J  
E W F Y W W Z Y H V N R U Y P Q L P N T S I I Y  
T A S F G I F D M S F T D F I Y S V L A Z O D F  
Y L T N A R E P O Z W S V W E T E L H T A N J Y  
B U N O O U T C O M E G O A L S T K R O B C S Y

- |                       |                     |                     |                     |
|-----------------------|---------------------|---------------------|---------------------|
| reciprocal inhibition | positive punishment | selective attention | counterconditioning |
| inverted u theory     | psychic energy      | operationalize      | trait anxiety       |
| process goals         | outcome goals       | self efficacy       | dissociation        |
| enhancement           | association         | motivation          | attention           |
| hypnosis              | distress            | operant             | imagery             |
| athlete               | arousal             | anxiety             | stress              |