

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Protein

G U M Y A B T S M K L G M P V Y M  
D Z O K E J R P R E P A I R V M Z  
L S D I C A O N I M A R V L L K F  
F N I T A R E K W W Q J Q B J H O  
R Y W T J I E Q N W B D E B O U O  
T V P R S M N B B U I Y E T A A Q  
Q I O A T O Z N S U I K Q K A E R  
A C S F F Z Y X E N S I D Q F E X  
W A X S P P M U N C Y L L Z V X M  
S M S Y U L E X O D R Y W G T L V  
V R A D Z E S E M L I L D F N E I  
Z A R Y T U U G R R A F I D V E E  
O F A M Z U E V O F D S X M N E A  
A D R I Y O K M H N H J J T S T J  
B P R O T E I N K L V E R G A P E  
M E N T P I P S T U N W G P Z Y O  
A K M G R I K M T C N E U D H R G

Amino Acids

Keratin

Tissue

Eggs

Hormones

Protein

Dairy

Nuts

Enzymes

Repair

Fish

Meat