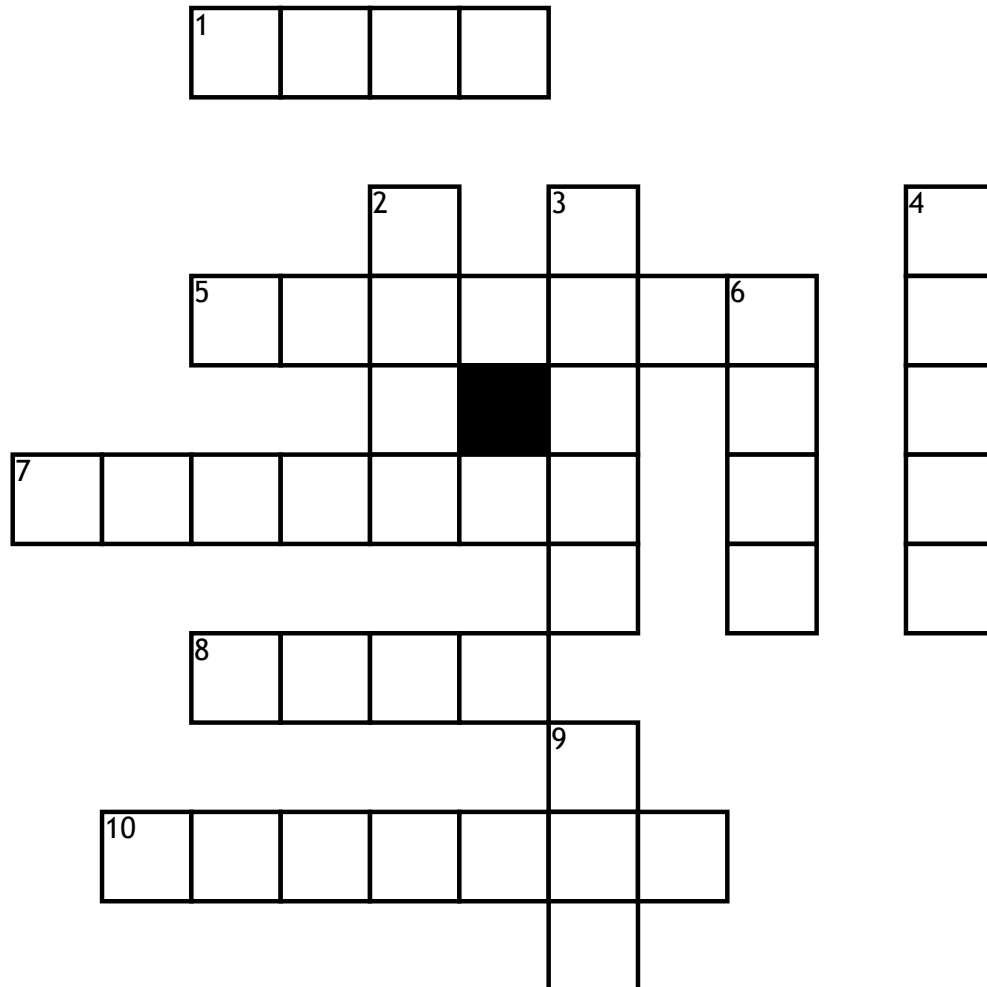


# Protein Crossword Puzzle



## Across

1. The cooked animal that goes "moo"
5. An important nutrient your body needs
7. A bird that people eat
8. Cows make this drink
10. Food in the sea

## Down

2. The cooked animal that goes "oink oink"
3. They make people fart
4. The number of servings of protein you need
6. Brown, crunchy and small
9. Ingredient used to make a different kind of milk