

Name: _____

Date: _____

Proper Hand Care and Handwashing

S Y A J A Y S N Q A S U D P W S Q C H M L S D S
L S F E O Z D C H J L L R Q U N J R Q W S F S L
P D Y E Q Q N C Z D S I Y M G K J W U O O E U I
H N O G O U K Y U A X K W Q F O B L X G X R O A
W O W A I R E H T E G O T S D N A H B U R C S N
W C L D L K P X S Z W U H G C C D X Z Y T K K R
O E W N K R R R H H S I N R P H D F V F K M J E
O S V A D H P C N V J S U I A O F W T I V P H D
B N O B F I N G E R C O T N O T C C G A R N V N
L E E D E I F A F G X U O S S W F H K T R Y P U
C E Y E Z S M U V J G C I E D A Z W R S Y A O N
J T A R L R S D N A H T E W D T T B G C T T L A
U F J E E P Z V Y N H W V R A E R S Q H K Y N E
W I U V J J B N J S F E T Z K R B B O V V O H L
T F P O Z D R V L Q Z A G A U X B G U N C K V C
Q O Y C I M W D L L U N R S C M E E G R T U A O
B T D Z B Z E Z I B X M F S N N G J Q Y J I X I
H N N O A F C L N F C D Z A S X J R Y O P R R T
D E E W N D Y V F W Y T G I Z E W J B Z N S Z M
B T K R Z U R E Z I T I N A S D N A H P M Z A H
C F Q L E W O T R E P A P E L B A S O P S I D Z
P G U M U E S E V O L G E L B A S O P S I D I V
J E E O V H Y H D D U U V T Y R P E M E D K U H
T R O H S D E M M I R T S L I A N P E E K K H C

keep nails trimmed short

disposable paper towel

ten to fifteen seconds

scrub hands together

disposable gloves

clean under nails

covered bandage

hand sanitizer

finger cot

pathogens

hot water

wet hands

add soap

rinse

dry