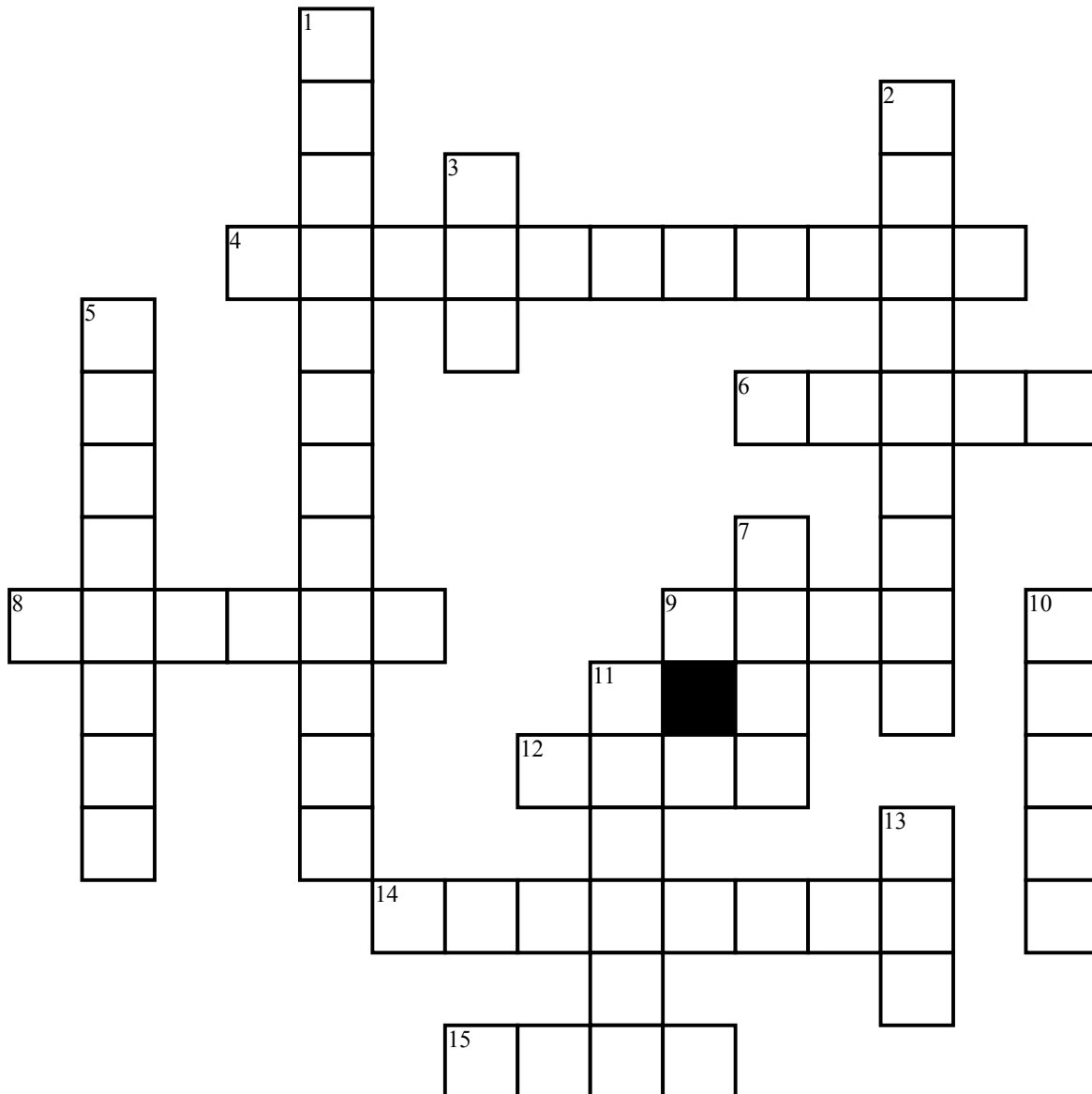


# Preventing Falls



## Across

4. Have your doctor check your \_\_\_\_\_
6. One out of \_\_\_\_\_ adults will fall.
8. Put grab bars in the \_\_\_\_\_
9. 95% of hip fractures are caused from a \_\_\_\_\_
12. Over half of falls will occur where?
14. Participate in regular \_\_\_\_\_

15. Throw all \_\_\_\_\_ away

## Down

1. Falls can be a life changing event and can rob you of your \_\_\_\_\_
2. Make sure the stairway has \_\_\_\_\_
3. What is the most serious fracture from a fall in older adults

5. Where do falls happen?

7. Use a \_\_\_\_\_ for balance

10. Wear proper fitting \_\_\_\_\_

11. The first step to decreasing a fall is to keep \_\_\_\_\_

13. Get a yearly \_\_\_\_\_ exam