

Name: _____

Date: _____

Practice These Things!

J Z T N E I G H B O R Z C Z H O K
L H R B I M Q K S T A F F U W B E
C S U J I I F A O O X W T A M J U
W K S Q Q P Z S R R R N G N L F G
A T T V W R I T E T L Z E T P A R
L M U S I C H Y D R A T E V H R A
K P E G S O E L A U G H K R E G T
N R P U W Q C L A X A P D W F T I
E A A X D V V N U T R I T I O N T
P Y T F R T Q M G P P C N M V D U
B X I H A N D W A S H I N G X A D
U U E Z Z B R E A T H E D V E U E
X P N L Z B A F I Y O F L O V E P
S E C G S V U X U W A I I N A Z I
D A E E W N G P V K U R E S T E T
T C X Z B E O F Q M Z H R I R V L
K E I P M R E A D Y X S F P K S P

hand washing

nutrition

gratitude

neighbor

patience

breathe

hydrate

music

staff

laugh

write

trust

peace

love

walk

read

pray

rest