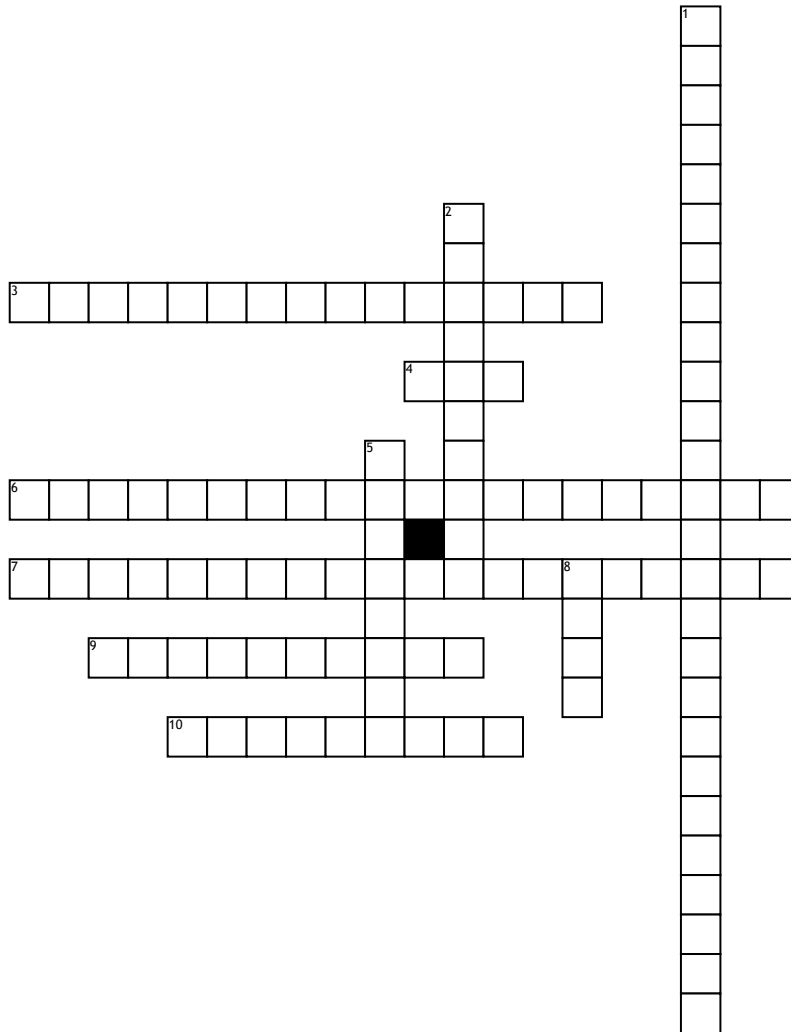


Postpartum Depression



Across

3. This type of medication is also commonly used to treat symptoms of postpartum depression.
4. The EPDS is a screening tool that contains this many questions.
6. This type of therapy helps the individual to understand and work through problematic personal relationships.
7. Experienced by 10%-20% of mothers; Considered _____ if symptoms continue beyond 2 weeks postpartum.
9. Women often experience intense _____.

Word Bank

mood swings
 Postpartum Depression
 hormonal
 Interpersonal Therapy

antidepressants
 Cognitive Behavioral Therapy
 inadequate

Baby Blues
 EPDS
 ten

10. 50%-80% of mothers experience this in the first 2 weeks after birth.

Down

1. This type of therapy helps the individual to recognize and change his/her own negative thoughts.
2. Women who report _____ social supports, marital dissatisfaction, or recent life events are at an increased risk for PPD.
5. Postpartum depression is caused by high _____ changes and fluctuations that occur during and after childbirth.
8. This tool is commonly used to screen women for postpartum depression.