

Name: _____

Date: _____

Postive Mental Attitude

Z P W Q I S U H D D C C O K D E W Y I C B K D F
G L U S E Y O U R M A N N E R S B R H F E V G S
I B W J M I P D R T B D B R X M E M A U P Y E M
M Y B K S V W K S U B O F K R N L W P A R X N I
W B M R S R J B X E O N G I K K I T P S E D C L
L Z C P I U D J C B H O F N Q T E R Y K P O O E
D R Z K E M S P P B X T E D Y C V Y P F A V U N
O P K Y D S W J O V N F F N R V E N L O R Z R I
Y J A T D L M W S M B E F E I K I E A R E T A H
O V V K P U B P I V Z A O S W T N W C H D O G R
U V T L R G M F T B P R R S A O Y T E E K S E L
R O G S E I T O I K X F T L U D O H F L B H M D
B M A S Z E H Q V E G A Z I H M U I O P B V E W
E Y J A L A I Z E D A I H N F W R N Q E L O N G
S I B F Q W Q M R H V L N B Q F S G T N C T T J
T G D O N O T G I V E U P Z C T E S F P T B P N
A N Z E B U B V G F F R G E E N L U N N K E M C
J I S V H E L T K O H E O Y M H F T R M U V I L
B P E R S E V E R E Y R R P L J U F S M S F N L
D S S A C H A L L E N G E Y O U R S E L F D D B
H V N F B V Q X J Q W G S G V C G L W P O B S O
V M G O O D T H O U G H T S E R M S I A B J E W
C P U N P V U M E D F D Q X V P W H G J I S T K
R P L E A S E A N D T H A N K Y O U N F K V F I

please and thank you
challenge yourself
try new things
ask for help
happy place
kindness
smile

believe in yourself
use your manners
encouragement
do your best
persevere
mindset

do not fear failure
do not give up
good thoughts
be prepared
positive
effort