

Post-Traumatic Stress Disorder

R O B P J L X Y S H Y P E R V I G I L A N C E G
T A E R H T F E S S Q B T L Z U Y D R I F U A H
R I M W W G U I L T N D P E C U Z B K U D O G X
I N O O X R K E C N A D I O V A P Y D W V T M S
A G I L S F G N I C N E I R E P X E E R N S U Y
Z R B I H R K P G M G E V J K C K O W I I S R F
R R A E F G S H V U E E V G V L X G S R D B M L
K R V Y O A I V Z H N M X I V A T D T U L D E J
X G S C Y E R T F N I N J K S E M R A S R C M B
P Y G X G U X T N E G D N Q Z U T F A S H U O E
G O Q N R N M H P C H I B A Q G R B L U F Y R T
T G U F H Z V K D N T D S V G G R T N U M H I A
C B L Z W J H L Z E M Z S S Q N I S N H V A E Z
Z R E G N A O C E L A X O D E K Q T E I W F S L
N C F U F T R O M O R D G H Y N G C G S H F H Z
T O B Y D F R O A I E Q V S R I T D M G A X G J
J J T D I A O C H V S C A B D C D I D I Y M J Q
A G C O X G R F S G V C L B A N X G W M A B B T
X X R E N O I T A I C O S S I D B Y K S D J T R
H N N H D A K B M U C H W L E N W S C D C C P S
V S X B X G X U X I H Y P E R A R O U S A L B H
D B A M R L Y A T N K H L B G G Q Y S B E A X I
B Q O F O R E D O F E Q D Q T N E M H C A T E D
W I Q B U U W L B J S P P T X S C I S C G Y F E

hypervigilance
hyperarousal
intrusive
memories
trauma
shame

reexperiencing
detachment
avoidance
witness
threat
guilt

dissociation
nightmares
violence
horror
anger
fear