

Name: _____

Date: _____

Positive things to do when I get out

D I V I C O E H N E O R Q P V P V H Y I Q C K B
D G T O Q L F B K W N H R I S G L H Q O V N J I
M M P F I Y V Y F N B R C O J A T B D V Q L Q E
D P B R I N R X F L L K M Q P L T G S X J V K V
X R N D X H L Q D W W U H T A I U A T N N R S Y
V A G X U T N K F O D Y J E S X T W B N Q B T P
J A R T M Y P J Z R S S H I K T Y E O A P Z F Q
J N O E Y Q M X J K X R V O E U D I K O D T S K
Z G U A V G A K F S A S S N P Y T T U E O A N Q
H E P M I D P R Z E R M D E C A A Z D V G A P D
Z R T Z S B G T X O V S R Z X D J X W G J C D V
R M H T I B X R T Y C B Y A N V L W V M W C L P
J A E U T W Y C I H U Y L X H H C Z R E G S S D
P N R M F W O O O F H E K C S Q O J K M E O A G
D A A N A D A O U B R L K Q A T T Y Z Q T N M M
D G P N M S L E F L A C K Y R F S S H L A G R D
T E Y N I D I F E N O I T A T I D E M N H R I O
K M C I L K B P G B Y I W M G P F I F E O Z H M
C E S H Y S N O I T A C I D E M E K A T B Z K S
P N O E P F O K L E A R N A T R A D E D B P H A
X T N S N T T G U P G Y T H C R U H C L Y F O T
K J F W V T W Q S V O L U N T E E R Y V R E I Q
A F H E E H U L V Q O A I X F Y Y U Z R R M O W
X Z N O P U P V I O K R C L L S P B T D F K Z M

Take Medications
Attend School
Visit Family
Relaxation
Church

Anger Management
Doctors Visit
Get a Hobby
Meditation
Work

LEARN A TRADE
Group Therapy
Ear Healthy
Volunteer