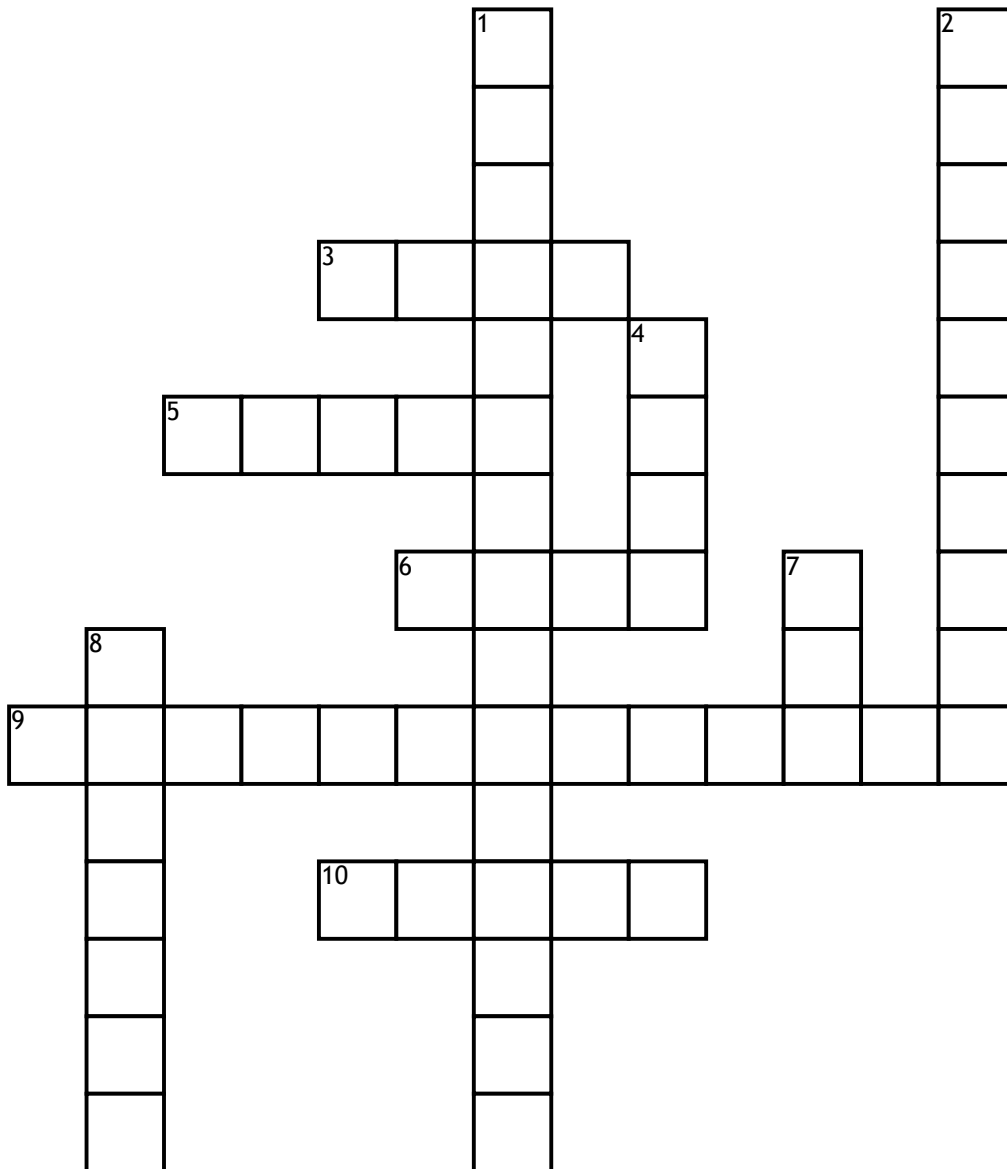


Pizza Making



Across

3. Carbohydrates are the main nutrient in which part of the pizza?
5. Before cooking you should put on an....
6. If you cut yourself you need to wear a _____ plaster.
9. Which nutrient gives us energy?
10. The bridge hold and claw grip are both _____ techniques

Down

1. Ensuring you are clean during cooking is called... (2 words)
2. When taking food in and out of the oven you need to wear... (2 words)
4. How many fruits and vegetables should we eat each day?
7. What kind of water should be used for washing up?
8. The main nutrient in the cheese is...