

# Physical Wellbeing

H V A N L U T N I C Y R U N A O A I K L A W O Q  
O G N I E B L L E W X G N I P M U J X Q F G R J  
U Y Y N O T O O H K A M M L G Y G C C N N D V S  
S G N I N A E L C O S P S N A N P A N I Z Y I L  
E N B I K I N G S G S C I V I C X R N B P H X O  
W X G N I Y A L P M Z L S X N Z I E H I K I N G  
O B R O J Y X E Z P L G O N I H D S Z Q T G E G  
R W J M R F U Y D O C B B K V R R P Y G K P G N  
K G N I T F A R R P U S G S A Y I H K H S L N I  
M G Y H X W Q T A S W N E G L M O A U T P V I C  
G N H P O E S Q P E L T P S G N I H S I F P T N  
N I A H V L G O I S A C C R P T H L T T Z F N A  
I P J P O H R G T R T I M J O G S N D U D Z U D  
D P A U U T H W E U T O Q O E G W N C H X K H V  
R I E G S T R D Q S O Y H N A A P S H X A K D Y  
A K R T S C O P A B L K Z O T Z A H E A S L R Y  
O S O Y V M D N O D P V R E W D G N I M M I W S  
B X B A H P M J F P S G R O M S O T I P Q U D S  
E V I C D Y R H R A O S Z Z W V Y U V M V G Z N  
T D C T G H L X D M K F M X K X T M P R Y P U I  
A Z S I Z D D A F I X X H P Z R U W E X Y G M B  
K S I V U H E X I G N I D I R K C A B E S R O H  
S T W E H Z Q N G Z X C A H M S S K I I N G R X  
F I K D Q T G I M R I P R K Z E S S Y F S K F C

HORSEBACK RIDING  
GARDENING  
AEROBICS  
MODERATE  
FISHING  
WORKOUT  
BOXING  
YOGA

SKATEBOARDING  
STROLLING  
SWIMMING  
PHYSICAL  
HUNTING  
WEIGHTS  
SKIING  
WALK

WATERSKIING  
HOUSEWORK  
SKIPPING  
DANCING  
JUMPING  
HIKING  
SPORTS  
RUN

GYMNASTICS  
WELLBEING  
CLEANING  
RAFTING  
PLAYING  
BIKING  
ACTIVE  
GYM