

Name: _____

Date: _____

Physical Activity and Nutrition

R B W Z E D I E T O I R H M H O V
J U D V E X B L J W D I Y S Y T R
B V C X M M Z P K S Z P V M P D R
I V M A H R W B E X Q W E V L Q J
N G J B X S A I T H B O G A O S E
S P O R T W E I G H T S E R E C Q
Z I R T U Q W D E T T G T B X N I
W M I S P R I N T S X J A R E F L
B C U Z H Q O Z I E B U B O R R F
Q C Y C X A P P L E X I L C C U J
U L G M A E R U N F E B E C I I N
G P Y W A L K I N G D G S O S T I
V C M C A R R O T B W W G L E K Q
J P U F C J S B W A T E R I E W K
D L Q K J J U A P Q V W H N X W C
D H O M X M Q V B A N A N A P Q E
X G Z O S P L U K F I T N E S S Z

Vegetables Broccoli

Exercise

Walking

Weights

Fitness

Carrot

Banana

Sprint

Apple

Sport

Fruit

Water

Diet

Gym

Run