

Name: _____

Date: _____

Physical Activity Wordsearch

Y J Q D A B S E S Y F U P G U E N
T P U Y O O W X S J D L O O G O U
I P M B V N I C E E W A D B D H T
V Y E I H E M U N U K V N M T N E
I T L K U S M E T O T R U G A I N
T I C I S T I Y I O O S N D E W B
C L U N T R N N F G C E S R S I G
A I H G A E G S S L R R E K J M E
L B A R U N Z G E T D T H G D S V
A I P U Q G H P S P M E C T Y S A
C X S N S T G R W J P G T M Z S G
I E E N W H G D R L Y S E X Y C O
S L G I Y Y P H Y Y G G R E H V Y
Y F N N P J M E J J T U T N N D O
H S U G P R I X B R J B S W U W Q
P Q L E I L N G N I K L A W K N Y
A R A L U C S A V O I D R A C S W

PHYSICAL ACTIVITY
FLEXIBILITY
STRENGTH
RUNNING
SQUATS

CARDIOVASCULAR
STRETCHES
FITNESS
MUSCLE
BIKING

BONE STRENGTH
SWIMMING
WALKING
LUNGES
YOGA