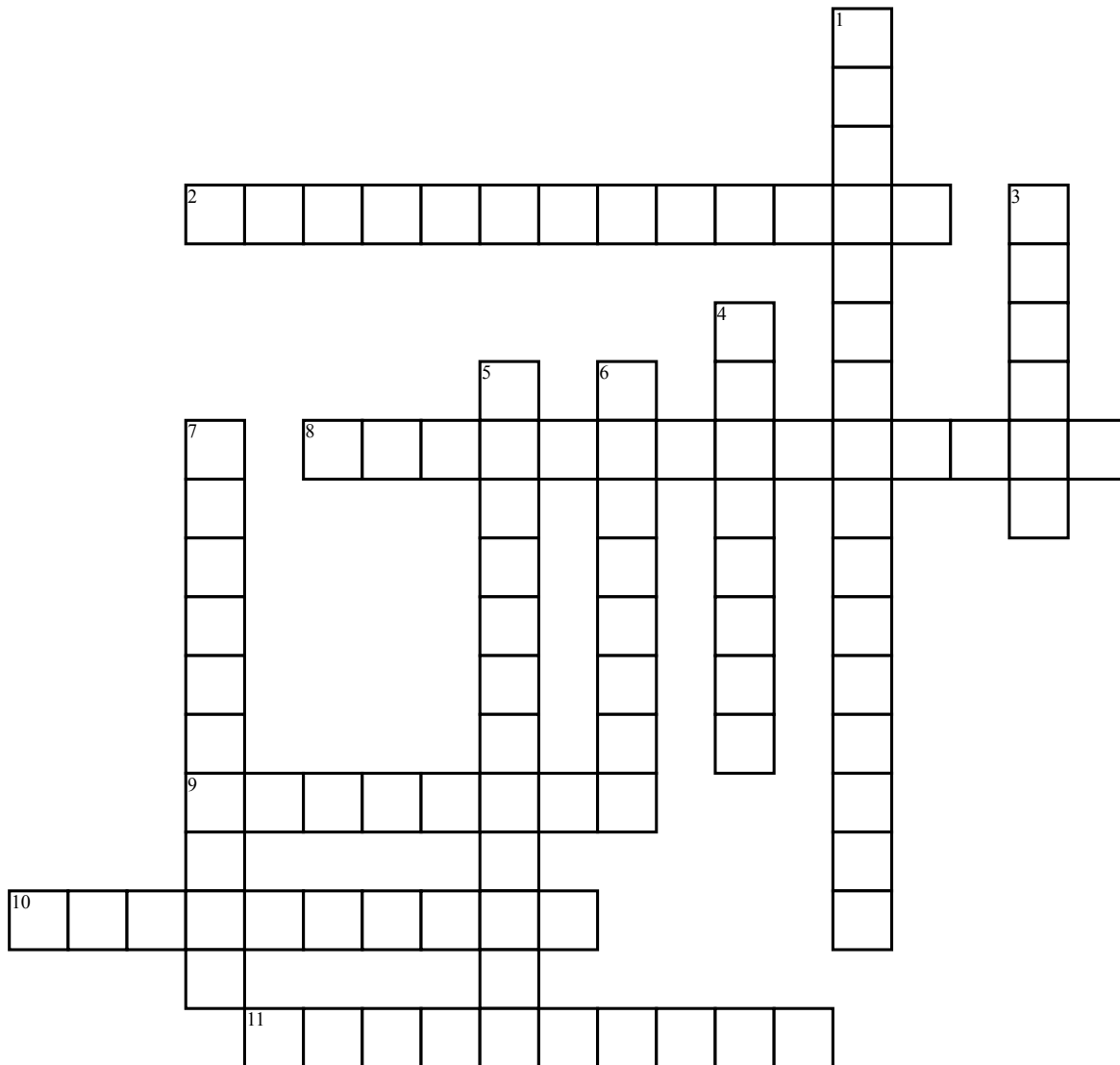


# Phobia treatment



## Across

2. What is the phobia of spiders called?
8. What is a fear of small spaces called?
9. How long is one session?
10. What is it referred to when you are afraid of heights?
11. In classical terms, what is this process referred to?

## Down

1. What is it called when you have a gradual build up of anxiety?
3. What study can it be compared too?
4. What is this treatment called?
5. What is it called when you replace one phobia with a different one?
6. What is the key term for the thing the person is scared of?
7. what does it try to achieve?