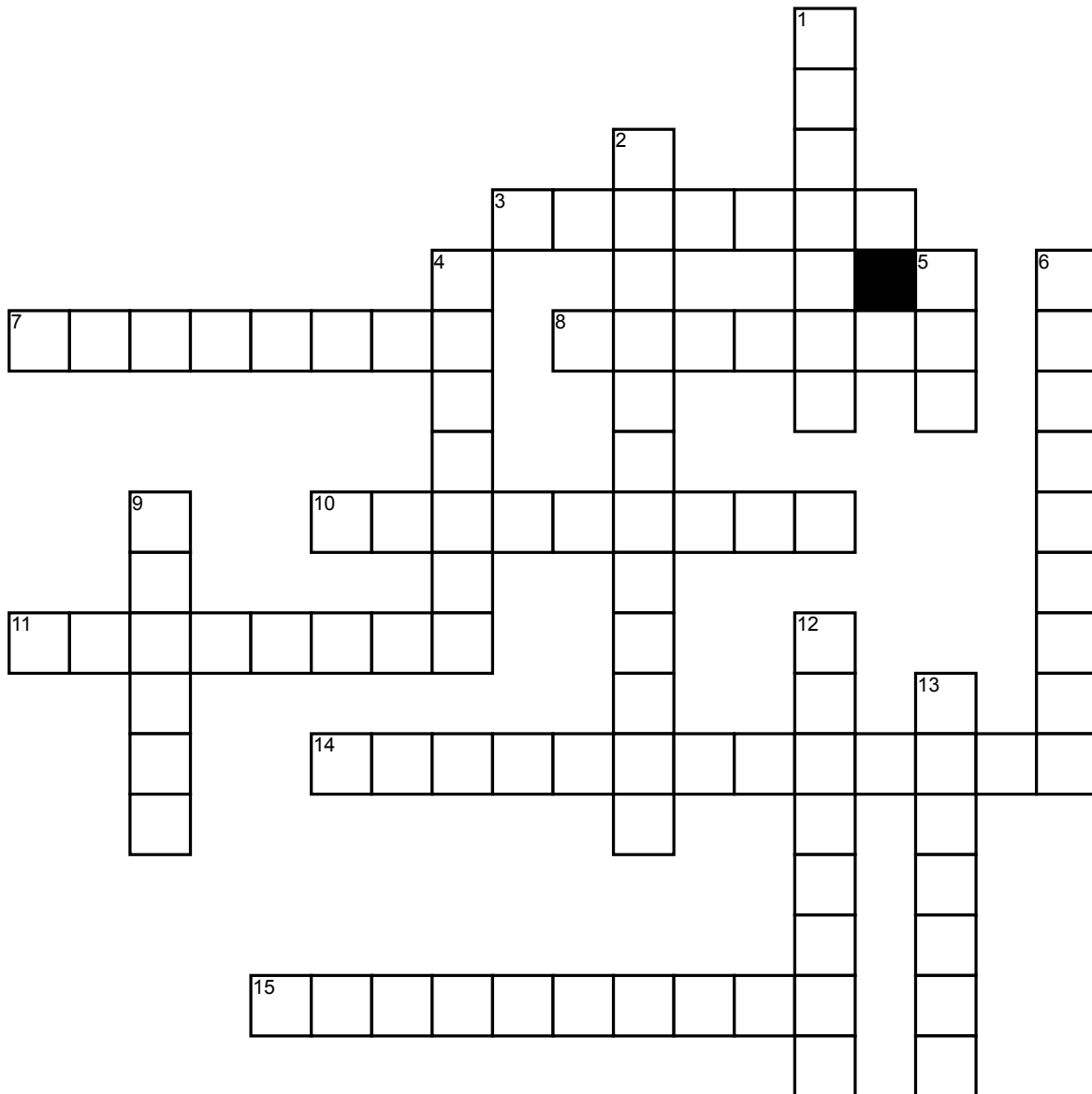


Name: _____

Personal Trainer



Across

- 3. pilates, circuit training, spin?
- 7. hit the gym?
- 8. hey halt (anag)?
- 10. agenda, card?
- 11. To tutor individually?
- 14. The gift of the gab?

- 15. we need this to get ourselves fit?

Down

- 1. stencil (anag) they pay you?
- 2. responsibility to clients?
- 4. made for a particular customer or user?

- 5. fitness centre?

- 6. food for fuel?

- 9. Go, zip, exerted power?

- 12. For example: running, cardio and weights?

- 13. condition?