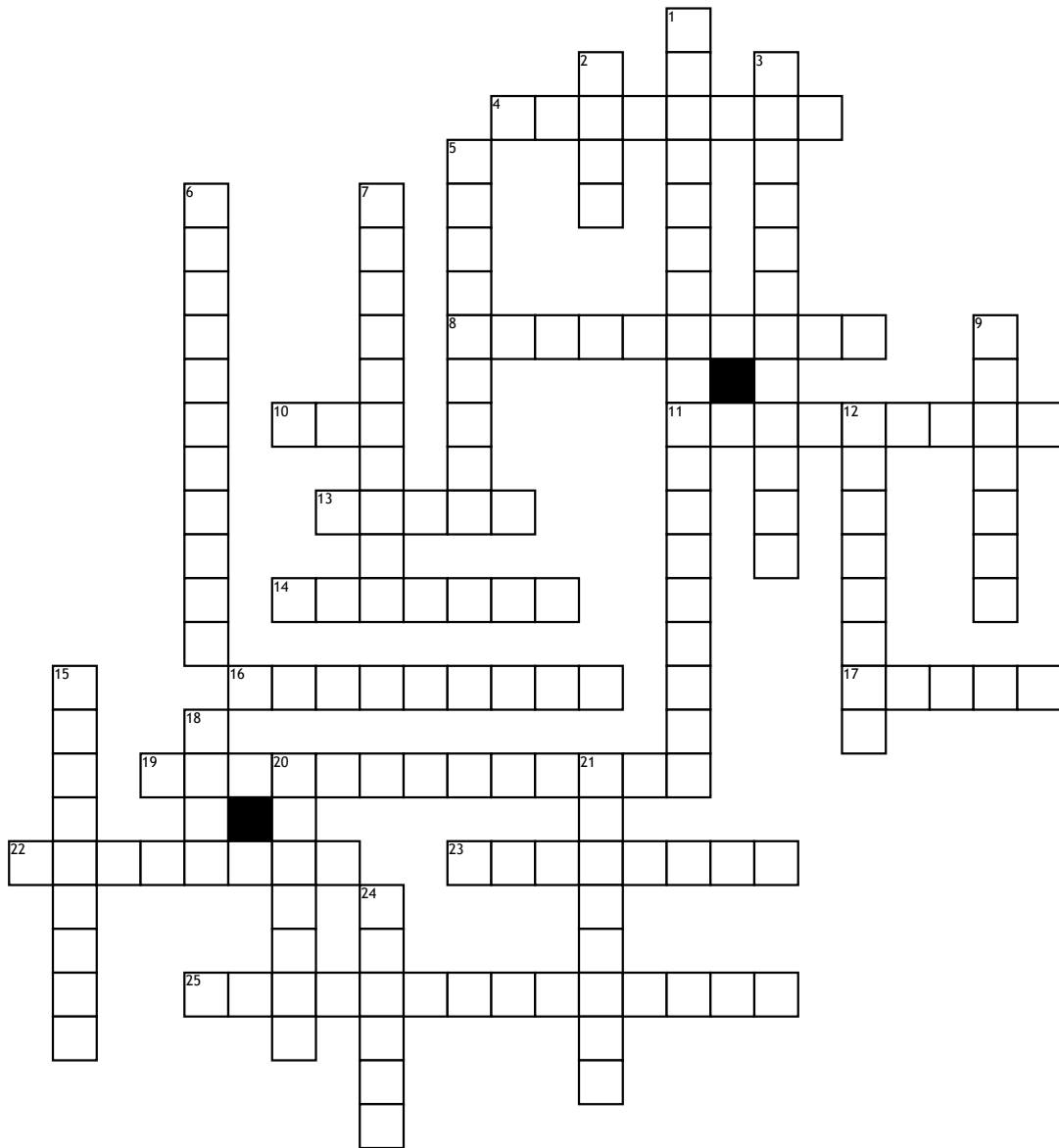


Personal Development



Across

- 4. Type of hygiene that involves bathing regularly, wearing clean shoes, and applying deodorant
- 8. Best clothing choice for estheticians
- 10. Fatty fish is an example (abbreviation)
- 11. Smile, posture, and facial expressions are all examples of this type of communication
- 13. Causes the heart rate to increase
- 14. When this is correct it helps internal organs to properly function
- 16. Converting raw materials into energy

- 17. These should be properly fitted with low broad heels
 - 19. Largest percentage of daily intake
 - 22. Feeling/emotion towards something/someone
 - 23. Position of your back when sitting in a chair
 - 25. This type of skin is dependent on good nutrition, exercise, and rest
- Down**
- 1. Proper conduct in the workplace
 - 2. Type of hygiene that maintains healthy teeth and gums
 - 3. A syndrome that numbs and weakens the hands
 - 5. Conversation topics should include the client's

- 6. Reflection of inner feelings, thoughts, attitudes, and values
- 7. These should be handled calmly and judiciously
- 9. Attitudes can be
- 12. Helps stimulate blood circulation
- 15. Bad breath
- 18. Being truthful without being offensive
- 20. What excess calories are converted into
- 21. Consideration and cooperation describe this
- 24. Type of listening that involves the whole body