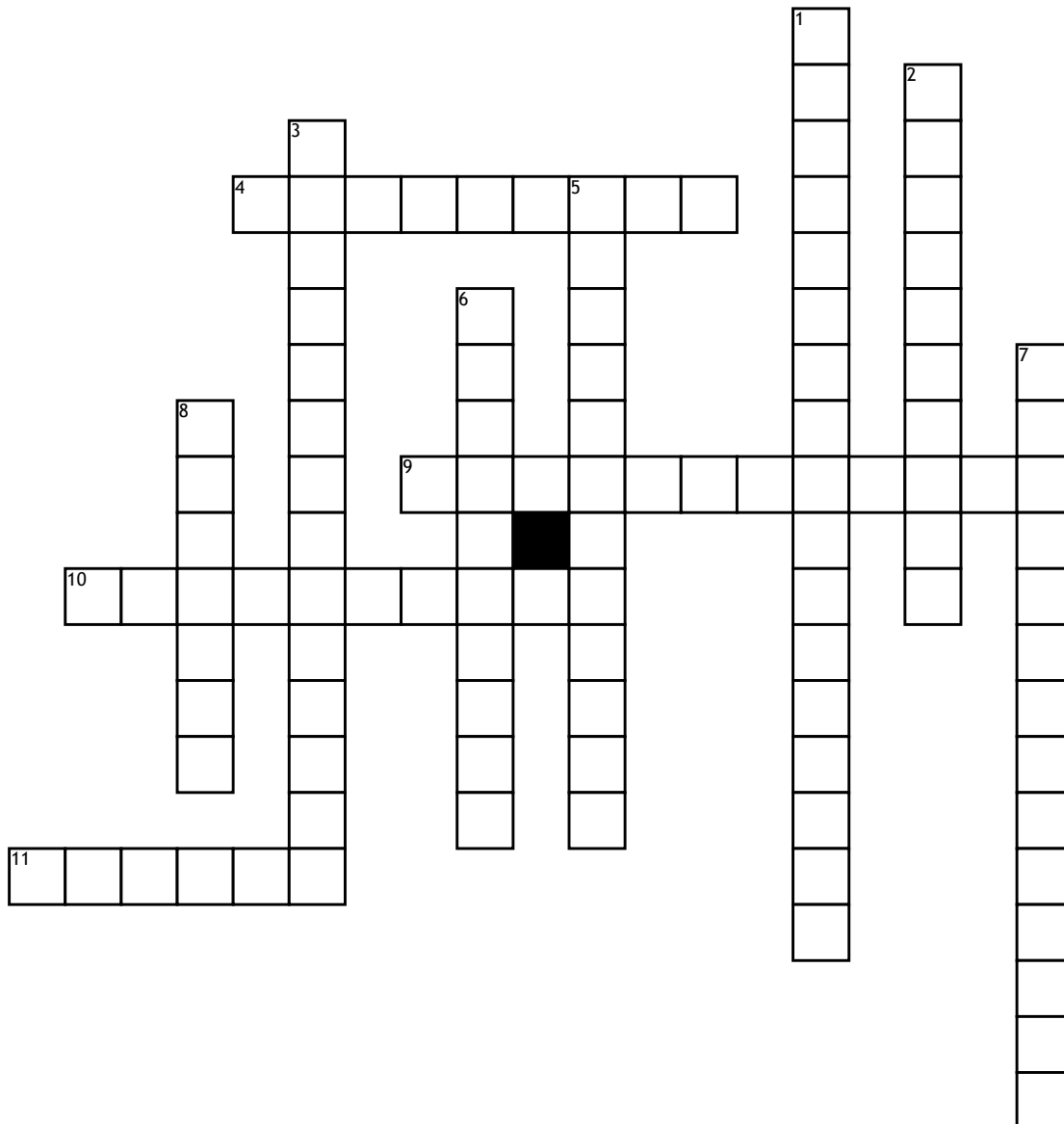


Person-Centred Counselling



Across

- 4. The way in which you communicate without speaking
- 9. Restating the basic message in a similar way but with fewer words
- 10. Confirming what a client has said
- 11. Who developed person centred approach?

Down

- 1. What does the person centred approach believe you should reach?

- 2. Reiterate what a client has expressed
- 3. What does Rogers refer to as empathy, UPR and congruence?
- 5. The way in which the counsellor presents themselves
- 6. Which movement is the person centred approach part of?
- 7. Another term for your true self
- 8. Putting yourself in the clients shoes and feeling their emotions